Guideline Summary for Immunizations

The University has instituted immunization policies in accordance with National Health guidelines, in order to promote the well being of our community.

For additional information, check:
http://www.cdc.gov/vaccines/Spec-grps/college.htm

Students- please read and review these guidelines: ***Be prepared to demonstrate your immunization history prior to the start of classes. Remember that this information regarding immunizations is educational information only and therefore never constitutes Medical advice, diagnosis or treatment. Your decision to undergo immunization must be made in discussion and under the Supervision of your personal physician or other licensed health care provider.***
Thank you.

Measles, Mumps and Rubella (MMR)

Please show proof of immunization, if:

1. Two doses of MMR at least 28 days apart after 12 months of age.
2. All health sciences students, (with patient contact) without other evidence of immunity should receive two doses of MMR.
3. Those born after 1956 without lab evidence of disease or physician diagnosed disease.
4. Those born after 1957 without other evidence of immunity should receive one dose if not in an outbreak setting and two doses in an outbreak.

Do not receive this immunization if:

1. You are pregnant,
2. Have a history of hypersensitivity or anaphylaxis to any component of vaccine.
3. If you have altered immunocompetence (health provider must check guidelines).

Polio

Please show proof of immunization if you had:

1. Primary series in childhood with IPV alone, or
2. With OPV alone, or
3. IPV/OPV sequentially;

N.B. IPV booster only if needed for travel after age 18 years.

Do not receive this immunization if you have a history of hypersensitivity to any of the components of the vaccine.

Varicella

Please show proof of immunization if you received two doses of varicella containing vaccine:

1. At least 12 weeks apart if vaccinated between 1 and 12 years of age, and
2. At least 4 weeks apart if vaccinated at age 13 years or older

Do not take this immunization if;

1. You are pregnant
2. Have a history of hypersensitivity or anaphylaxis to any of the components in the vaccine, and
3. Severe illness.

N.B Guidelines exists for vaccination of persons with altered immunocompetence (please see your health care provider)

Tetanus, Diphtheria, Pertussis

Please show proof of immunization if you were administered any of those five vaccines for tetanus, diphtheria and/or pertussis:

1. DT
2. DTaP
3. DTP
4. Td
5. Tdap

- For adolescents age 11-18, at least 5 years should have elapsed since the last dose of tetanus and diphtheria toxoid-containing vaccine, prior to receiving Tdap.
- For adults 19-64 years, Tdap to replace a single dose of Td for booster immunization against tetanus, diphtheria, and pertussis.

It is recommended that:

- Any student in the setting of pertussis outbreaks, close contact with infants less than 12 months of age, or wound management be vaccinated.
- Health sciences students with patient contact receive a single dose of Tdap at an interval as short as two years from the last Td.
- Health sciences students with no patient contact receive a single dose of Tdap according to the routine recommendation and interval guidance for use of Tdap in adults.

Do not receive this immunization if:

1. History of hypersensitivity or serious adverse reaction to any of the components in the vaccine
2. You received it recently because there is a theoretical risk of increased rates of local or systemic reactions when two diphtheria toxoid containing vaccines are administered within a short interval (i.e., on different days).

Quadrivalent Human Papillomavirus Vaccine (HPV)

St. Thomas University does not provide HPV immunizations, but we can provide community referrals.

- Please show proof of immunization if you have received the vaccine (three doses at 0, 2, and 6 months)
- If not, seek a referral

To get the referral, you must:

1. **Be a female student**
2. **Be up to 26 years of age**

N.B: No HPV or pap test screening is required prior to administering vaccine; however, routine cervical cancer screening should continue according to prior recommendations.

Do not receive this immunization if:

1. You are pregnant
2. Have a history of hypersensitivity to yeast or to any vaccine component;
3. Have a moderate or severe acute illnesses (defer vaccine until improved)

This vaccine may be given to immunocompromised females, but its responsiveness and efficacy may be reduced

Hepatitis A Vaccine

- Please show proof of immunization if you received this vaccine (given as a series of 2 doses at 0, and between 6 and 12 months of age).
- Do not take this immunization if you have history of hypersensitivity to any of the components

Hepatitis B Vaccine

- Show proof of immunization if you already received this vaccine.

This vaccine is given as a series of 3 age-appropriate doses

1. At 0 months
2. Between 1 and 2 months and,
3. Between 6 and 12 months

Adolescents age 11-15 years can be given 2 adult doses (given at 0, and 4-6 months)

- ***Do not take this immunization if you have history of hypersensitivity to any of the components***

****Combined hepatitis A and B vaccines may be given as a series of 3 doses (given at 0, 1-2 months, and 6-12 months) for 18 years of age and**

Meningococcal Tetravalent (A ,C ,Y ,W-135)

SPECIAL GUIDELINES FOR ALL ST THOMAS STUDENTS-MENINGITIS IMMUNIZATION IS REQUIRED FOR ALL STUDENTS LIVING ON CAMPUS AND HIGHLY RECOMMENDED FOR ALL RESIDENTIAL STUDENTS AND ANY OTHER HIGH RISK STUDENTS.

- All adolescents 11-18 years of age and other populations at increased risk, including first year students living in dormitories/residence halls are required to take this vaccine.

Please show proof of immunization if you were already administered this vaccine.

It is recommended that the following groups should receive this immunization:

- **Persons with terminal complement deficiencies or asplenia,**
- **Laboratory personnel with exposure to aerosolized meningococci,**
- **And travelers to hyperendemic or endemic areas of the world**

University students, apart from students living on campus, may also choose to be vaccinated to reduce their risk of meningococcal disease.

Do not receive this immunization if you:

1. Have a history of hypersensitivity or serious adverse reaction to any of the components in the vaccine.
2. Are known to have experienced Guillain-Barre syndrome (GBS)

Influenza Vaccine

(This vaccine will be made available at STU during the Fall semester)

- You should receive immunization if you are:
  1. College students at high risk of complications from the flu such as diabetics, asthmatics, or
  2. A patient with certain immunodeficiencies;
  3. A student with contact with a high risk individuals;
  4. A health science student with patient contact or, ***any other student who wants to minimize disruption of routine activities during epidemics.***
- ***Do not receive this immunization if you have a history of hypersensitivity to any of the components of the vaccine***

Pneumococcal Polysaccharide Vaccine-23 valent

- If you have a history of chronic pulmonary disease (excluding asthma), heart disease, diabetes mellitus and other immunosuppressive illnesses, this vaccine may be required. (See your health care provider)
- Do not receive this immunization if you have a history of hypersensitivity to any of the components in the vaccine.