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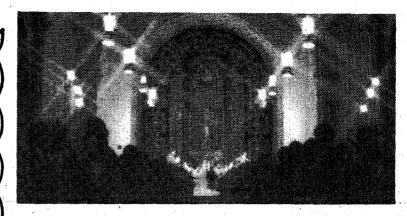
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What Part Does The Parish Play?

By JOHN & KATHY SCIARRILLO

How in tune are we to our Parish and what it provides or should provide to strengthen Family Life? Both reflection on the past year and anticipation of the years to come fill us with enthusiasm for the parish and the family ministry of Family Enrichment Community at St. James Parish.

Much effort has been put into providing our Parish with resources and opportunities to strengthen and support the Family. Our Parish gives young Engaged Couples the opportunity to deepen their communication by taking what is called a "Pre-Marital Inventory."

THE COUPLE has the advantage of discussing areas in their relationship that they may not have talked about, such as finances, children and religion. On several occasions John and I have spent an evening with these young couples on a one to one basis. It's not easy to sit there with a couple sho's floating on cloud 9, and try to bring them around discussing to something that could be a real problem after they are married.

It would be so much easier just to share in the Joy of their wedding plans, but because we believe it is important to open up to these sensitive areas and communicate. We share our own relationship to include failures and sucesses, and how we work at trying to be a close family. There are several married couples in our Parish who are available to do the same. Sometimes it's easy to say a parish has something for everyone. Rather we should believe that the Parish is a combined force that trys to face up to real problems like divorce and breakdown in family communication.

St. James has a family enrichment community consisting of fourteen persons. We meet twice a month and provide our Parish with programs such as "Evening for Parents", Engaged Encounter, Parents Days, Rap sessions, and combined Family Programs. Our Pastor, Father James Reynolds, along with the Priests, Sisters, and Director of Religious

Education have been supportive of our efforts to strengthen and support family life. They often have participated in the programs giving witness to Clergy, Religious and lay people working together.

Our goal is to have our parish reflect an attitude of caring for one another. We are striving to reflect what we believe is a real compassion and tenderness toward the Fanily. This can be accomplished by the way our parish family openly invites others to join and belong.

OUR PARISH can participate in tenderly rocking us as infants, comforting our pains during childhood, patiently waiting for us to live out our often rebellious adolescence, and welcome us and rejoice with us in our adulthood. Through all this, we are being nurtured and guided, yet, we are allowed to grow in our own way, constantly being invited to belong.

Today more than ever, we find a need to celebrate us, our Family. To celebrate us, past, present and future. The Mass is at the core in our way to express this celebration. When we receive the Eucharist we are experiencing one of the closest moments with our Family, the Church. When we say "Amen" in receiving the Eucharist, we are indeed saying our "Yes" and our "we will" to our whole family.

We feel a spiritual strength that can help to carry us through the week ahead. We see the family and our community of the Families, the parish as the heartbeat of Christianity all working at being in relationship with one another. These relationships begin at home and deepen through Faith in one another and Jesus. When we are sensitive to one another's needs at home, we are sensitive to the needs of those around us. This sensitivity can flow throughout our Parish and although some problems might never be resolved, the effort to keep trying is always there.

(Mr. & Mrs. Sciarrillo are The Parish Family Life Coordinators for St. James Parish, North Miami, Florida.)

The Joys Of Family Are Positive

By WILLIAM RYAN

I have a nine-year-old son who came home the other day with a large turtle which he encountered while delivering his newspapers. The likelihood of such a meeting occurring on a Washington street on a chilly December day struck me as remote, but it happened and the turtle currently resides in a box in my son's bedroom.

Even more remarkable in a way was his comment that the turtle appeared to be cold, since this observation was being made by a boy who never wears a hat or buttons his coat and for whom, so far as I knew, the word "cold" did not exist. But children are creatures of wonder and surprise and the element of the unexpected they bring to one's life makes it richer.

BUT THE wonders and surprises, as any parent will testify, are by no means uniformly pleasant. If the early years of having children bring a lot of difficulty and hard work along with the joy, the later years bring a whole

new set of problems that make the former ones seem like — well, child's play. The one dealt with scrapes and bruises, now the cuts go deeper. There are hurt feelings, bruised egos, problems at school, peer pressure, sibling rivalry (the phrase may be pedantic but the reality is great), personal confrontation, angry words, and unending challenges to the child's self-esteem on the one hand and the parent's authority on the other.

All these things are part of life and the proper handling and channeling of them can, with the grace of God, nuture the human spirit. But the process is by no means automatic and the route is less than clearly marked.

My wife made the observation the other day that having children does not change you as a person but it does bring our new dimensions of your personality and call forth resources you may not have known you possessed. It is good that she has found this to be true. Our children run the gamut in age

from infancy to 12 thereby presenting, it sometimes seems to me, an almost infinite number of possibilites and pitfalls.

Frankly I don't know if I am passing or flunking as a parent but I do believe there is no greater calling in the world and none in which it is better to excel. Fortunately most people through the ages have found that the moments of doubt and bewilderment about having children pale by comparison to the pleasure and satisfaction of helping them grow.

BUT IF THE innocence and vulneraiblity of children can call forth the best that is in the human spirit, they also seem capable by some strange paradox of calling forth the worst as well. King Herod ordered the slaughter of the innocents because he thought one among them was athreat to his sovereignty. In the movie, "The Night of the Hunter" a self-appointed man of the cloth pursues a murderous path in pursuite of two children because he believes they know the hiding place of stolen money

A glimpse into the dual personality of this character comes in an early scene in which we see his hands resting on his lap—on four fingers of one hand are printed the letters LOVE and on the other the letters HATE. One reads that the leader of the People's Temple first made his massive threats when faced with the prospects of losing a child in a custody suit, and though one may speculate that it was the supposed threat to his domination rather than love for the child which motivated him, still the child became the focus of his reaction.

Similarly, we are told when the leader of the Synanon cult in California first began to come apart psychologically he ordered the women in the sect to have abortions, and most complied. In both of these instances the forced break-up of marriages and cruel treatment of children paved the way for the eventual horrors. Add these the cases of "routine" child abuse and the evidence abounds that illness of the

spirit, whether in individuals or society, often seems to possess a peculiar propensity for striking out at the young.

What all of this suggests at least to me is that there is something about the fact of children— having them, raising them, losing them or regaining them (The Prodigal Son)— that touches profoundly on the deepest wellsprings of the human heart. And any activity with such wide-ranging ramifications deserves some very personal thought.

IT'S PROBABLY true that for every thousand persons whose lives are touched by a cult leader, there are many thousands more among us whose decisions are influenced by magazine articles, newspaper columnists, television talk shows or the remarks of well meaning neighbors or parents.

This does not mean that everyone should have children, much less that we must be either all good or else psychotic in our attitude towards them. Most of us fall somewhere in between



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Psychological Preparation For Marriage

By WENDY SOMERVILLE WALL

We received and exciting phone call several months ago. John, my husband's nephew, had become engaged to Barbara, a young woman whose presence we had come to expect at family functions. The two have known each other two years and their engagement evoked ex-clamations of "It's about time" rather than suprise. However, our anticipation only increased our pleasure because we all feel we know them well as a couple and that they are wonderfully suited to each other, destined to a a happy marriage.

WHAT IMPRESSES me most is that John and Barbara have made no such assumption. Oh, of course, they believe they will have a happy marriage or they wouldn't be contracting it, but they don't believe it will happen just because they appear to be an ideal couple, well matched in family background, religion and education. They have been working on their relationship as it might develop in marriage ever since a midnight champagne breakfast more than a year ago when they acknowledged to one another that their caring went beyond casual good times.

"Thank goodness,"
Barbara confided to me, "that
we have really learned a lot
about each other before this
engagement business. We
scarcely have time now to do
anything but get ready for the
wedding and I don't think
either of us is really ourself."

Dops. Even the most sensible people manage to get flustered by all the protocol surrounding a wedding. In their case, with two large and sentimental families to satisfy, they have plunged into activities which their own modest inclinations might have avoided. The engagement period becomes obsessed with "things." Parties, gifts, clothes, invitations, music, food, flowers, the license, travel plans, furnishing an apartment— all these trappings conspire to keep a couple preoccupied with "how" they are doing the wedding rather than "what" they are doing and "why" they are doing it.

Fortunately John and Barbara recognized what was happening and provided themselves with two way stations, two checks on the rollercoaster ride to the church and reception. First, they elected to work with their priest in developing a ceremony, carefully reading

the liturgy and selecting readings that best reflect them. They plan to add one or two personal notes and in discussing what they want to say and they have had to pause and consider their own and each other's personality and values.

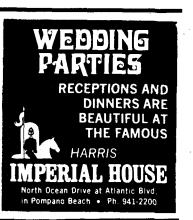
BARBARA WAS

chagrined that some of the Biblical passages that attracted John were far from appealing to her: such as the possible reading from Peter about Sarah who called her husband "master" John said he was just kidding, but they had a lively discussion.

Second, while attending the requisite pre-Cana conference they met a most enthusiastic married couple who encouraged them to make and engagement retreat, a format similar to Marriage Encounter. Although finding time was very difficult, they saw enormous value in giving themselves a day without distractions when they could concentrate solely on their own feelings and the mystery of the covenant they are about to make with one another.

"There was a recurrent theme among the married people who spoke to us," Barbara told me, "and that was no matter how well you think you know one another before marriage, there will be surprises. John and I were able to explore some of the possible areas of surprise and were made aware that pitfalls we thoughtt might apply only to 'them' actually applied to us."









Compatibility Does Count

By EILEEN AND DAN MORRIS

Pam's eyes narrowed and she glared at her fiance, Gary. "You mean you'd spank a 15year-old daughter with a hairbrush if she came in late from a date? I can't believe that."

Gary was taken aback. "You bet I would," he said. "Teen-age kids have got to know who's boss."

"WELL, LET me tell you right now you'd never spank our kids like that — if and when we ever have any," she said. Tears were beginning to well up in her eyes and her voice was getting shaky.

voice was getting shaky.

Gary and Pam had known each other since grade school, although they really hadn't started dating until their junior year in high school.

On graduation from high school, Gary went off to the state university. Pam enrolled in a local trade school and was working a s a dental assistant by the time Gary returned from his frist year of college. It was about that time they decided they ought to get married.

An yet, in all the time they had known each other they obviously had not talked much about child rearing. At least not realistically, or in detail.

PAM AND GARY'S rather explosive conversation came out during a Pre-Cana weekend. While the Pre-Cana program provides material on finances, sexuality, the sacraments, etc., its underlying goal is communication.

And the flip-side of communication is compatibility.

Our experience as a host couple on these retreat-like weekends for young couples considering marriage is that "compatibility confrontation" like Gary and Pam's are not uncommon.

Common sense tells us that few marriages would take place (and fewer yet last) if complete compatibility were a pre-requisite. Yet, experience tells us that common values and goals— and a commitment to keep clarifying them for one another— are the keel of a lasting marriage.

YET, A surprising number of the intelligent, dedicated young persons we have met during Pre-Cana weekends have only passingly discussed the nittygritty "little things" of everyday life that can make or break a marriage.

For example: Who will be responsible for what household duties? Who takes out the garbage, washes the car, does the dishes, prepares meals, grocery shops, plan menus, cleans the over, etc.?

Who decides how money will be spent? Should you have joint or separate checking accounts? Do you like to use credit cards? Which should have priority— a new set of golf clubs, a minivacation weekend, or a long standing bill with the service station?

Should a husband be allowed to spend a night out with "the boys"? Under what conditions? What about the wife and "the girls"?

HOW DO YOU feel about charity? Should you give \$5 per week no matter how large or small your income? Should you tithe? Should you support the parish, the Catholic school, the missions, a friend on hard times?

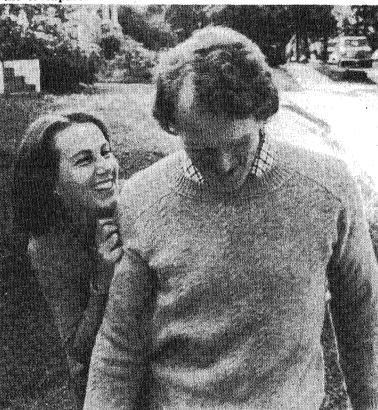
Personal hygiene and habits are areas couples should not ignore. What you find "cute" now can become embarrasing or even repulsive after a few months of marriage. Even little things like picking teeth with a toothpick, "snorting" when laughing, leaving the cap off the toothpaste.

other for years and assume they know one another inside and out are surprised at how different their answers are to specific questions on raising children.

How should you discipline children? Sit them in a corner? Talk to them? Remove privileges? Spank them? If you do spank, who does the spanking? Mom? Dad? Both? With what? How severely? For what misdeeds? Lying, stealing, spilling a glass of milk?

What would your reaction be if your 16-year-old daughter came home and told you that she had been involved with heavy petting with her boyfriend? What would your reaction be if your son told you the same thing?

WHAT IS THE right age to begin conveying the biological facts of life? Should parents go unclothed around their children?



Whereas these might sound like little things— and they are— they all fit into the mosiac of a marriage relationship, and when too many pieces don't fit, trouble can follow.

What about religion? If you are Catholic and your spouse is not, are you confident your beliefs will be respected and honored? And the reverse: Do you feel comfortable with your fiance's beliefs, or do you secretly scoff at them? What are the long—range implications—for you, your children, your relationships with one another's families?

ONE OF THE most explosive areas we have seen young engaged couples encounter is childbearing and rearing.

Like Pam and Gary, couples who have known each

Should your child be directed into music lessons, dance, drama, Little League? At what age should they be allowed to decide these things on their own?

Again, common sense tells us there are many answers for all these questions—as many answers as there are parents and children. The issue is not so much whether one answer might be better than another, but that too wide a disparity between parents on how a child is to be raised can cause festering cancers in a marriage and even scar children.

By the way, Gary and Pam were married and are doing fine. They learned that compatibility does not mean one spouse needs to be a psychological, social and religious carbon copy of the other. They learned that communication is the flip-side of compatibility.



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Will You Succeed As A Team?

By LOUISE SHANAHAN

Success in marriage is a team endeavor. From the first moment of consummation, when the husband and wife are dazzled by a sense of euphoria, to that closing moment of life, "until death do us part," it is the team approach which characterizes a truly Christian marriage.

There are four areas of married life where this attitude must prevail in order for husband and wife to achieve true fulfillment.

AQUINAS tells us that marriage is "an inseparable union of minds by which either is unalterably plighted to serve the other loyally." He goes on to remind husband and wife that one of the ends of marriage is the begetting and rearing of children. Why should this task appear to take priority over other goals in marriage? Perhaps in today's life styles it constitutes a reminder of God's plan instead of current secular thinking which regards

children as a "burden" or "obstacle" to self-fulfillment.

However, it is by means of the privilege of parenthood that most husbands and wives learn to work together harmoniously. They grow in proportion to the extent that they learn to give to their children. In contrast to contemporary secular thinking, the Christian husband and wife go beyond the narrow sel-centeredness of prevailing notions of "fulfillment" to an acceptance of God's will for them. This

spiritual comprehension thus is the vehicle by which each supports the other.

The career goals of the wife is another area where team effort is important. This means that the young husband (in contrast to his father's generation) must be prepared to encourage and cooperate with his wife's desires to utilize her talents and abilities in a manner that will be rewarding to her so long as the marriage and family life are not jeopardized.

Therefore, a man should

understand, before marriage, exactly what yearnings and aspirations of his bride-to-be are in the world of work. Of course, this reciprocity must work both ways. A wife will do her share to help her husband achieve the success and recognition he desires. Only when there is genuine understanding and mutuality of goals can husband and wife succeed in this sphere as authentic partners.

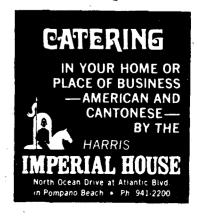
A THIRD AREA of significance is the development of individual personalities within the context of their marriage. Here again husband and wife need to be sensitive to the abilites and interests of the mate as a unique human being.

This means that every husband and wife should have some privacy, some independent "growing space" which her or his spouse encourages. If there is resentment or possessiveness, conflict and tension arise, and the husband and wife are no longer working as a team. Each mate needs to realize that this kind of freedom to grow within the marriage truly enhances the joy of genuine marital partnership.

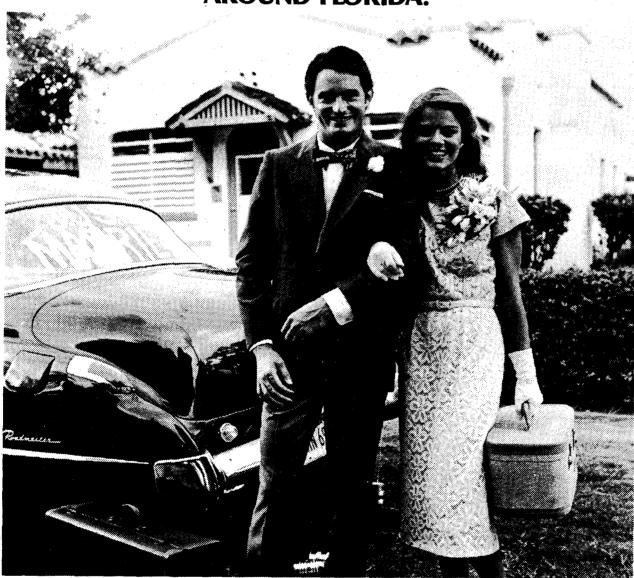
Finally, the team endeavor is nowhere more evident than in the sexual relationship of husband and wife wherein they are their most intimate selves revealing imperfections, needs, capacity to love mingled with the need to be loved.

This sexual unity, based on mutuality, is the foundation of their human happiness, and each mate leads the other step by step, figuratively speaking, through the years of spiritual growth, based on all of the unforeseen life experiences they will encounter, to their ultimate eternal destiny.

WHEN HUSBAND and wife are convinced that a team effort, in these four areas of life (instead of a dominant-submissive relationship constitutes the path to authentic marital happiness, then they will be motivated to live their lives in accord with the concept of indissolubility which is the essence of Christian marriage.



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Married Women And Their Careers

By JANNA AVALON

Statistics show us that about 50 percent of all married women in the United States work outside the home. These women face a rewarding life style, but not without its problems.

The working mother must decide how she can be a good person, a good wife and a good mother—all at the same time. Sometimes it isn't easy, but it is possible.

NOT ONLY must she

NOT ONLY must she know her needs and dispositions but also those of her husband and children. Once she and her husband have decided that she will work outside the home, then it's important that she is happy with that decision and that she pursues her life with vigor.

Time is a precious commodity for the working wife.

Daily she must struggle with lots of how-to's — how to enrich her love relationship with her husband, how to raise healthy, well-rounded children, how to maintain a fulfilling career, how to coordinate at-home chores, how to squeeze in a little time for herself, how to keep abreast of the changing pace of today's society.

Dozens of magazine articles in recent months have focused on working women and how they cope with their jobs and families. The best advice I've read is "Don't Try to Be a Superwoman." Admit you can't do everything and don't feel guilty when you have to say no. Learn to share responsibilities at home. This may take a change in attitudes.

WIVES AND their husbands need to look at their

life styles and decide what's important and then set realistic values and goals. Making a list of duties and responsibilities and who will take care of them may be helpful.

In our efforts at creating a harmonious environment, my husband, Billy, and I have found that communication is of the utmost importance. Feelings and needs must be expressed and understood, otherwise explosive situations occur and someone is hurt, frustrated or left feeling guilty because they failed to perform.

Both of our jobs are very demanding—he's a teacher and coach, and I'm editor of a weekly newspaper. Our time together is often limited so we're learning to concentrate on the quality of our shared activities and not the quantity.

Sometimes a hug or a simple gesture of understanding can mean the difference between an argument or a pleasant dinner together.

OUR JOBS can also help us retain vitality in our relationship— we always have something new to talk about and we're constantly challenged to better ourselves which rubs off on our relationship.

Our concern with the quality of our time also affects our relationship with our 21-month-old daughter, Keisha. We feel she is loved and well cared for at the day care center she attends. Our job on the evenings and weekends is to share ourselves with her and pursue our parenting roles.

Keisha is up later than most children her age because if she wasn't, we wouldn't see her. She catches up on the weekends by sleeping late like we do. She's bright, independent and enjoys being around people. She knows when its "her" time with daddy and mommy and she enjoys it.

However, we must remember that nothing works the same for every couple. Each wife and husband must research and experiment to find a livable life style to suite their needs.

MY HUSBAND developed a motto for his girls' basketball team — Success equals Organization, Attitude and Pride (SOAP). I think the same motto could be used by couples who both work outside the home.

As I said earlier, sometimes it isn't easy being a working wife and mother. At times it's just plain frustrating. Like many of the good things in life, the fact that something is easy has very little to do with the fact that it's satisfying. Being a successful wife, mother and career woman has its demands and its rewards.





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Can I Learn To Love?

By BERYL NEWMAN

Once when Jesus came down from the mountain where he had been praying, the apostles said, "Teach us how to pray." He looked at them, knowing that no man can teach another how to pray, but he gave them words to say, so that with repetition the sense of them might sink into their hearts and they would begin to pray.

It is the same with love. We may approach a loving person and ask "How can I learn to love?" and he or she would know that no one can really teach another to love. Hopefully that person would offer some ways to express love, believing that with practice they may become part of us and we would begin to love.

PRAYER AND love are so allied that they flow together. Our capacity for prayer reflects our capacity for loving and the depth of our prayer is the measure of our loving. Both stem from one source— and act of will.

I used to argue against that. To speak of prayer and love in terms of an act of will seemed to cold, too detached. But love and prayer do not come upon us unawares. Before we can pray, we must will to pray. Before we can love, we must will to love.

Nor is it as simple as it sounds, for we approach both with contradition in our hearts. We would love to pray deeply, ecstatically, perhaps even to levitate a trifle, but are loathe to compromise our autonomy. After all, who knows if God is really willing to do our will?

We pray desperately to love and be loved but are afraid to risk vulnerability. If we love and are hurt- if we love and are rejected, what then? We have to be less careful of ourselves and more concerned for others if we are to become lovers and prayers.

IT IS FIRST of all necessary to accept that loving is its own reward and has an intrinsic value that has nothing to do with someone else's response or lack of it.

If we really desire to love. the first step is a declaration of intent, to ourselves and before God. "I will be a loving person. I will love at all costs." The next step is to arm oneself with a few tools to start working with.

A married woman was complaining once to God about her unhappy marriage and informing him how difficult it was for her to love her husband. "You know what he is like" she said, "he is simply not lovable. No one could love him."

"I love him" The words leapt in her mind. Startled by what seemed to be a divine communication, she hedged, "Well, I cannot promise to love, but I'll do my best. I will be kind and considerate. I will be forgiving and I will pray for

BY "DOING her best" with these tools of love, she discovered that the unlovable was in fact lovable and the love she would not guarantee was in time guaranteed. We cannot all afford to count on a personal admonition from God before we begin to work at

loving, but we can take it for granted that if it were forthcoming it would be in those same words. "I love him" or

No one is unlovable. If they were then God would not love them and they would cease to exist, for only his love sustains us in existence. Somewhere in each of us the spark of divine love glows, waiting our will to fan it into

If we do not love someone. the fault is not theirs but ours. This is the first tool for forging love— to realize that none but us is responsible for our unlovingness. We love or do not love as we will.

We have the power to be kind even to those who are unkind to us; to be generous even to those who are mean to us; to be fair and just even to the vindictive; to forgive even the unforgiving; to love even the unloving. We alone hold the power to choose whether or not we put it into effect.
WHEN WE ARE in-

secure and jealous of our selfesteem, as alas, we so often are, we become mortally afraid of exposing ourselves to the chance of hurt. Often it seems impossible to take that first step towards loving, so bound are we by fears and inhibitions. Then we need to be guided and drawn into love. We need some one to whom we can turn and ask for help. And someone is always available.

I suppose even the most willing of us never truly learn to love until we come to know the quality of God's love and to accept that it is never failing, always forgiving, never rejecting. He loves without defenses in an overpowering vulnerability an continues to love through abuse and indifference and hostility.

This is what it means to love as the Father loves. I think that only as we understand the nature of his love does love become imperative for us and the world well lost

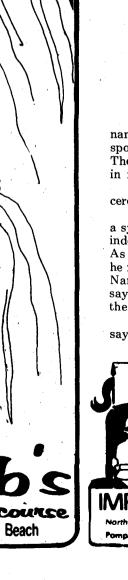
Blessing of rings rich in symbolism

"Bless O Lord, this ring, which we are blessing in Thy name, so that he-she who wears it, keeping faith with his-her spouse in unbroken loyalty, may ever remain at peace with Thee, obedient to Thy will, and may live with him-her always in mutual love, through Christ our Lord.'

This blessing is from the Roman Ritual of the wedding

Even the way a wedding ring is placed on the finger has a symbolic meaning. Properly in the ceremony, the thumb, index and third fingers are supposed to represent the Trinity. As the groom begins to place the ring on the bride's finger, he first touches the ring to her left thumb and says, "In the Name of the Father," then touching the index finger, he says, "and of the Son," and touching the third finger with the ring, he says, "and the Holy Spirit."

He then places the ring on the bride's fourth finger and says, "Take and wear this ring as a pledge of my fidelity."







Maturity And Marriage

By EUGENE J. and **CATHERINE AMBROSIANO FISHER**

In Jewish weddings, at the high point of the ritual, a wine glass is placed under the foot of the groom to be crushed into fragments.

Theologically, this is a symbolic reminder to the community, at the moment of greatest joy, of the destruction of the Jerusalem Temple. It reminds all present that the world is not whole, that there is starkness and impermanence in all living, just as there is joy and hope during the worst of times.

SHATTERED THE WINE glass, mingling pain and beauty, is a good place to begin our brief reflection on maturity and marriage. For maturity is not simply being grown up. It is being responsible for one's self and

the consequences of one's actions. More, it is a matter of openness and security: openness to the needs of the other and the security within oneself necessary to enable one to admit his or her own needs to the other, and thus to, share and communicate that which is most important.

None of us ever, really, totally, "grow up." Part of us, if we are at all human, remains the child; quick to sense hurt and burst into anger. The ability to be hurt stems from the need and the insecurity that is within us. We need to be loved, to be constantly reaffirmed, to be assured that those we need love and respect us for what we are. "Look, Mom. See how I can swim.'

One cannot reaffirm another unless one has a firm sense of one self, a sense that is in its own turn constantly in need of reaffirmation.

Marriage, then, which is

the deepest and best of all human relationships, is a spiralling affair. First one gives, then the other. And based on that giving, and the trust built up by the admission of need, the other gives back hope and trust. So it grows, upward and inward. a double helix of mutual support.

MATURITY IS thus not something one has, but a willingness to risk intertwining one's own selfunderstanding with that of another human being. Key to the process, of course, are such concepts as communication and respect. Without the respect for the other, for his or her abilites and promise, there can be no communication.

Without communication, that is without a constant sharing back and forth of feelings and ideas, there is no relationship. The marriage is no longer the intertwining of rising spirals. It is flattened into two parallel lines, doomed to coexist without ever touching.

Out of all of this flows some practical questions, as a sort of test of their "maturity

• How do you view your partner, as a friend or lover? (A. Both. If you are not marrying your best friend. what basis will you have for sharing? And if your spouse is not your lover...)

• In your relationship, do you find that one is often "up" and the other "down?" (A. You should. There is an alternate relationship of support, depending on need. One partner, with lesser need at the moment often has to

submerge his or her own anxieties to offer comfort and solace to the other. It is when both are "down" at the same time that sparks can fly.)

• Do you at times find yourself apologizing to the other for real or imagined hurts or wrongs done? (A. Again, you should. Love is having to say you're sorry. Pride in being "right" blocks

reconciliation and renewal, the heart of love.)

• Does marriage demand sacrifice for the other person? (A. This is a tricky one. It demands giving. But since the other is seen as part of oneself, it is not really "sacrifice" in the negative sense., It's facing, together, the difficulties of loving and growing. It's fun.)



Why Is There Marriage?

By MITCHEL B. FINLEY

In one of his routines, comedian Bill Cosby asks the question,, "Why is there air?" His reply is that there is air to blow up basketballs and footballs with. A crazy question receives a zany response.

I may ask the question. "Why is there marriage?" and be accused of asking an equally crazy question. But this inquiry leads to a valuable insight into the purpose of Christian marriage.

FIRST, THERE answers to this question which are perfectly valid and part of any truly human understanding of marriage today. There is marriage to provide women and men with ways in which to seek a deeply intimate life-long relationship with another; to provide an appropriate context for the sexual expression of love; to furnish a home for the nurture of children; etc.

But from the Christian perspective, marriage and

children may be understood as occasions through which God our Father leads us toward growth in "that mind which was in Christ Jesus" (St. Paul). Falling in love, marrying, and bringing up children are demanding calls to "unself" ourselves, to grow away from fear into greater

There is marriage in order to bring men and women more fully into the death and resurrection which is the essence of every day life in

Like all Christian vocations, marriage is a way of becoming a servant, of being involved in service to God's people. It is also a way of growing in the ability to trust completely in the Father's love and care for us.

BY TRUSTING in the love of one's spouse and by being trustworthy oneself, married Christians faithfully fulfill their baptismal promises.

Being parents is yet another way we are called to

be authentic Christians. Any parent knows that children make demands on parental resources that are terrific. To crawl out of bed for the 2 a.m. feeding, or whatever it may be, is simply one of a million ways married Christians are called to be the Lord's totally unselfish love for children. Children learn much about God from the ways we love and care for them .

Why is there marriage? For Christians, there is marriage because of our need to become more loving people, more faithful carriers of the presence of Jesus the Lord.

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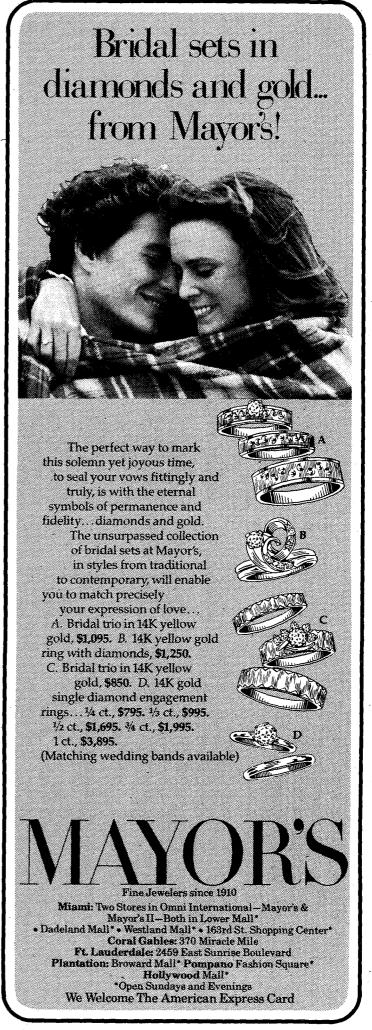
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Is It Harder To Stay Married?

By RUSSELL SHAW

Not long ago a friend of mine studied the cover of a Catholic magazine plugging an article on "intolerable marriages, then delivered himself of the following

"What marriage isn't intolerable? Mine ha been on the rocks for 20 years - and that's as long as I've been married. My wife is a very difficult person to get along with, and she thinks I'm impossible. But we're very

happy.
"INTOLERABLE" marriage? That kind of stuff can only be written by somebody who isn't married."

He was exaggerating of course. There are human relationships, including marital ones, to which the word "intolerable" can rightly be applied. It belittles serious problems to suggest otherwise.

But. allowing exaggeration, my friend had a point. Too much well in-

tentioned agonizing about the difficulties of marriage helps, paradoxically, to make marriage more difficult.

The factual evidence that marriage is in trouble is, quite simply, overhwelming.

THERE ARE now about a million divorces a year in the United States. If trends continue, about two out of every five marriages involving young women now in their late 20s will end in divorce.

One-third of all American children do not live with their own, once-married parents. There are close to 2.5 million one-parent families.

The rate of pre-marital sex runs as high as 81 for females and 95 for males. Extra-marital sex is reported by about half of all males and one woman in five. A growing number of men and women are living together without being married.

People who caution against taking an alarmist view are right up to a point marriage in the United States isn't about to disappear. But

it is also true that marital stability has been seriously undermined

ALTHOUGH THE problem is universal in the U.S., it has special implications for religious groups and specifically for Catholics.

Veteran family sociologist John L. Thomas, S.J., remarks that "the acceptance of the pathological as normal" makes it "difficult for a religious minority to maintain its family values." Where such practices as divorce, pre-marital and extramarital sex, and abortion are taken more or less for granted, it is hard for Catholics and others to insist that these things are wrong and must be resisted.

This has implications not just for large groups of people "Catholics and others but for individuals. People are the bottom line for sociological trends. And people are hurting because of the general decline in marital

Quite obviously it is harder to stay married today than it used to be. Or more accurately perhaps, it is easier than it used to be for married people to get un-married. To some extent, constant emphasis on the problems of marriage has the character of

a sel-fulfilling prophecy.

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people marry with the belief
that marriage isn't for keeps and the awareness, amounting almost to an expectation, that their marriage stands a good chance of failing. That naturally makes failure more likely.

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most enterprises, does not occur automatically. One thing essential to a successful marriage is a serious commitment to making it succeed in the face of predictable and inevitable difficulties. By contrast, the expectation of failure is a good guarantee that failure will occur.

The pattern here is circular. The expectation that marriages won't last contributes to marital failure. And failure reinforces the impression that marriages are likely not to last.

There was a serious point underlying my friend's outburst. Expectations condition outcomes. Often the difference between an "intolerable" marriage and a "tolerable" — even happy one is subjective. It resides in the attitudes of the married partners themselves.

DO THEY assume that marriage is for keeps? Are they willing to put up with the pointment present in any marriageindeed, in any human relationship beyond the most superficial? Are they prepared to work at making marriage succeed?

Or do they assume, on the contrary, that it is as easy to get unmarried as it is to get married? Are they impatient with disappointment and frustration? Are they unwilling to put much effort into making a success of marriage?

The first set of attitudes adds up to a formula — solid though by no means foolproof for staying married. The second constitutes prescription for marital failure.

People expect who success in marriage and who are willing to work at it are much more likely to achieve it than those who anticipate failure. Unfortunately, the mentality of marital failure is now prevalent. That as much as anything is making it hard to stay married today.

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Page 10A / Miami, Florida / THE VOICE / Friday, February 23, 1979

Letter To Daughter After Marriage

By STEVE LANDREGAN

DEAR GENNY:

Wedding days have a way of becoming frenzied finishes for two weeks of planning, conversations, fittings, showers, choices and thank you notes. That's a shame, because the great danger is that a man and a woman may come to view their wedding day as the end of an ordeal instead of the beginning of a journey together toward God.

The image of a marriage as a "journey together toward God" is not original with me, but I believe it is a valid one and a good basis for examining what Christian marriage is all about.

MARRIAGE IS a journey, a particular part of the pilgrimage that all of us must make as God's people. But it is special for you and all, because it is your journey and because it is together.

Prior to your marriage, your life's journey has been in the company of your parents and brothers and sisters. Marriage changes all that.

Being together on this journey means more than sharing a common destination, or even travelling in one another's company. It means sharing the journey so completely that it in effect becomes one journey, not two.

Sharing is a word that is overworked these days, like love. Both have acquired "pop" meanings in our culture, so it is important to understand just what they mean in terms of Christian marriage.

THE KEY TO sharing and love for the Christian is unselfishness. It means a real willingness, even an

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anxiety to put the feelings, needs and welfare of your spouse before your own. For us Jesus is the greatest example of unselfishness, and total self-giving. Jesus lived his life for others. He was totally sensitive to others' feelings and wlefare and always ready to reach out in healing and forgiving love. He has been called, and correctly so, "the man for others."

A husband must be a man. for his wife and a wife must be a woman for her husband. But their "for otherness" must have the same root, the same motivation as Jesus did. Jesus was a man for others because he was first of all a man for the Father. His very humanity was a response to the Father's healing and forgiving love for men and women. A love so great that it brought about the incarnation.

In the Hebrew scriptures, God's love is explained by the love of the prophet Hosea for his wife, Gomer. In spite of Gomer's unfaithfulness, desertion, and total debauchery, Hosea is ever ready to forgive and accept her back as his wife.

Hosea's love is compared to God's love for his people. It is a love that is unconditional, unselfish, neither expects nor demands anything in return, and is always ready to forgive.

ST. PAUL describes the attributes of such a love in his hymn of love in 1 Corinthians 13. He writes, "Love is patient; love is kind. Love is not jealous, it does not put on airs, it is not snobbish. Love is never rude, it is not self-seeking, it is no prone to anger; neither does it brood over injuries. Love does not rejoice in what is wrong but

rejoices with the truth. There is no limit to love's forbearance, to its trust, its hope, its power to endure. Love never fails."

If you think that is impossible, you are correct. For each of us as human beings living in a world that preches self-fulfillment, such toatl unselfishness is impossible without the grace of God.

Your mother and I have been married 27 years. There have been many times that we have fallen far short of totally unselfish love, as you well know. Yet, we never lost sight of the reality that such love is possibly withthe help of God's grace. And that is what has enabled us to turn away from our failures and resume our journey together to the Father confident that we could complete it because we didn't have to do it alone.

That brings us back to the journey that you and Al have begun. The two of you are not alone on that journey. Your companion is Jesus, who was the first to complete the journey back to the Father. He blazed the path, he marks the trail, he provides the strength to persevere.

THE UNSELFISH love you share with each other on your journey will become a beacon for others. It will encourage them to keep trying, to clearly keep God as the goal of their own journey. Your mutual love, strengthened by God's grace, will deepen and spread. From your mutual unconditional love you will learn to love others as the Father loves them and will in turn become

signs of his healing and forgiving love.

Two-and-one-half years ago when you were married these thoughts would have not meant a great deal to you. Today, you know much more about love and sharing. You have learned through your beautiful child that sharing love does not dissipate it but makes it grow stronger. From you, your son will learn of love and sharing so that one day he will be able to begin his own journey, a journey that would never have begun without your love.

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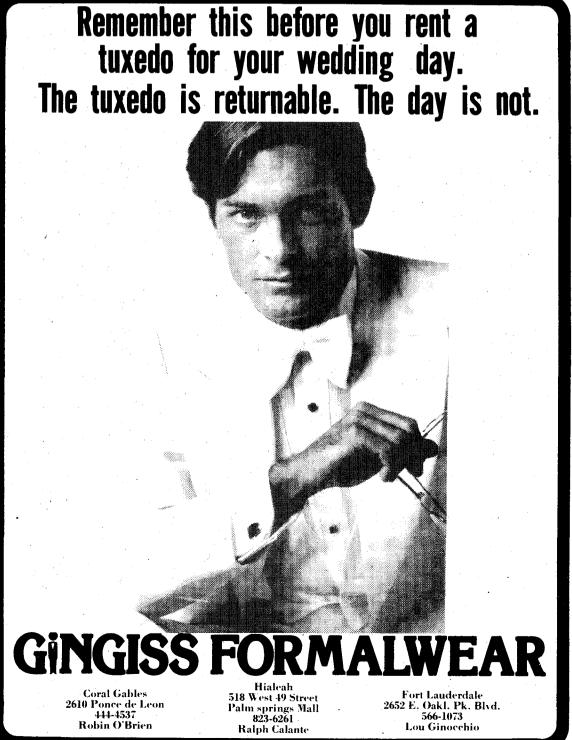
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What Is Christian Marriage Contract?

By RON & ELSIE VAIL

Ron: I believe that a Christian Marriage Contract is like any other contract made between two people whether it is in business or marriage. This agreement has to be held up on both ends.

I know when I entered into marriage I made that contract with Elsie. The marriage vows spell it out in a generalized way, what is expected of each party. I think that a constant review of the contract is necessary, for me, to see if I am holding up my end of the agreement. I think a lot of marriages start out with a lot of expectations.

I WONDER if the couple truely understands the contract they are making with each other. I thought I did 23 years ago. Yet looking back. I don't remember talking over with Elsie the finer details of the contract I was going to make with her; what I call the fine print. I thought I knew all there was about going into a marriage relationship. My concept was that I would plant a seed and it will grow by itself without any care.

Like the parable of the sower, some seeds fall on the hard soil and come up fast. but they did not have roots so they died. I thought my end of the contract was to be the provider. I worked to support the family with every material thing necessary. I never looked at my relationship with Elsie in the areas of Love, Sex, and Intimacy. I thought they would grow in time, as the years passed by. I also thought my end of the contract was being fulfilled, never realizing that there was more to that contract, at that time.

Elsie: Reflecting back to when I first entered our marriage, being very honest, marriage was applying for a marriage license, a legal obligation and then completeing my obligation to the Church and Family by our Marriage Ceremony.

fantasy was much like Ron's; we'd live happily ever after. There were no other references to challenge my fantasy other than my own family and friends. I could look at them and choose what I liked in their relationship and discard what didn't suite me; I thought!

Today, many Pastors invite couples, before they set their marriage date, to Engaged Encounter or to work with a married couple. I envy these couples because they will have a broader view and understanding of a Marriage Contract. Thank God for the married couples and clergy for sharing themselves with Engaged

I HAD NO idea of the powerful healing experiences we were going to be called to share together. Those experiences included different stages both myself and Ron would be going through. I can remember the helplessness I felt in the early years of our marriage when I depended entirely on Ron to take care of me. I remembered feeling independent to the extent that I wanted to do everything

How I strived for interdependency where my relationship with God and Ron are growing each day with a deeper intimacy and love. A beautiful part in our marriage contract is that Ron has shared these stages with me. We've experienced hurt, anger, competitiveness, and are still able to work through these feelings and as a result grow closer. Our Christian Marriage Contract has become a symbol nurtured and loved by God as the

A lot of tears, fears, and impatient behavior will always crop up between us. Hopefully we can improve in dealing with them openly and constructively. In fact, the more intimate I become with myself, especially in prayer, the more open, loving, and accepting I am towards Ron. I can see before me a balance falling into place in our relationship and in our family. This is a real blessing of matrimony, the Christian Marriage Contract.

Often all of us need also, to seek outside help in our journey together. This can be a healing experience for the couple, allowing them to reevaluate their marriage contract, often unloading themselves of deep resentments and energizing them to love in the reality of shared Christian Marriage.

The couple, maturing in themselves and the Lord, will be able to be aware of the present, and look forward to their future - TOGETHER. (Mr. & Mrs. Vail are members of St. Paul the Apostle Parish in Lighthouse Point, Florida. They provide direction for "Retorno", a spiritual experience for married couples in conjuction with the Family Enrichment Center.)





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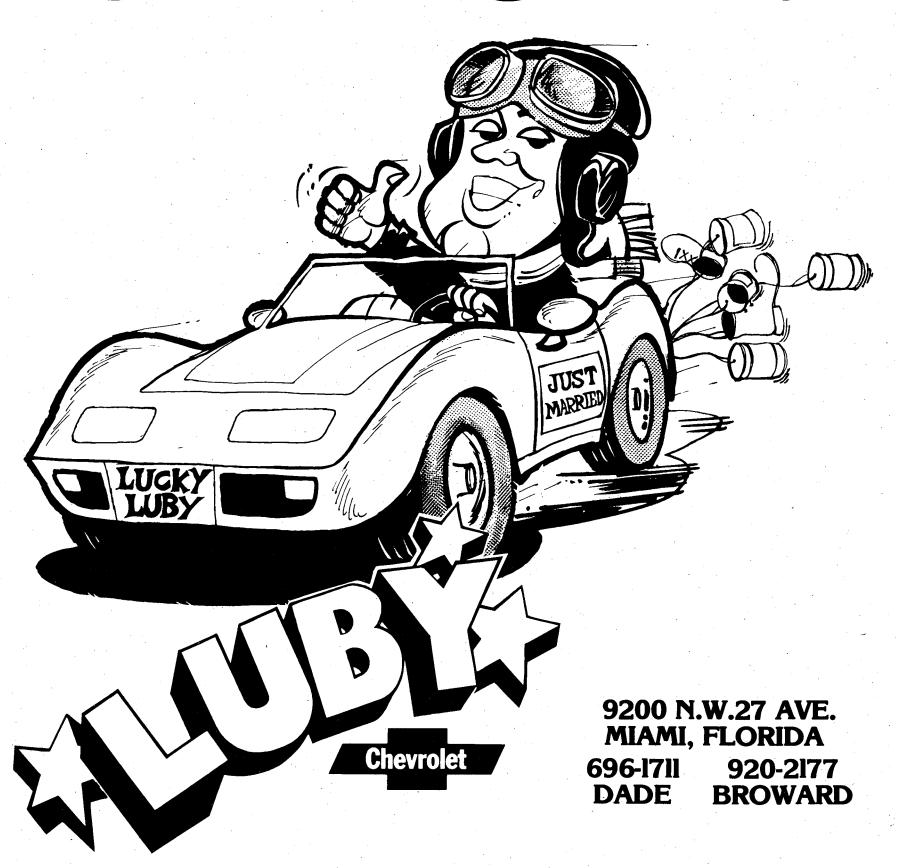


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Call To Be Heroic

By MITCHEL B. FINLEY

Rosemary Haughton suggested in a recent essay that married Christians are called to live out the role of "hero" in today's world, for marriage today demands courage and love of heroic proportions. What, then, is a Christian marriage, and what are its requirements in the modern world?

A marriage is Christian when a man and woman who are Christians marry one another. In other words, what makes marriage Christian is baptism, not matrimony. The sacrament of matrimony is authentic only celebrated by two who take their character as Christians seriously and marry (or develop their marriage later) precisely as a way of giving form to their desire to put love of God and neighbor first.

EVERYTHING THAT is necessary for a successful marriage in the secular sphere is also necessary for a good marriage between Catholic Christians. There must be a

certain level of personal maturity, and a realistic knowledge of what marriage entails in the final decades of the 20th century.

There must be an awareness of the vast difference between romantic infatuation and the kind of love that lasts. For commercial reasons we are often taught by our secular culture to identify the love upon which happy marriages are based with the kind of love that dreams are made of the kind of love that weakens and dies in the face of sacrifice, conflict or change. So prior to marriage a healthy distrust of one's feelings may be in order, for what one thinks he or she is feeling may not be real love at all.

Married Christians ideally choose one another, at least eventually, as much out of love of God as out of love for one another. Or, rather, in their love for one another they discover the deep mystery of the God who is love.

Marriage for two Christians is also a dedication of themselves to one another that will enable them to say by the way they live that God's love is present in the world — in their life together— and is worthy of total trust. Married Christians are challenged to live in such a manner that, in one way or another, it will be evident that they live for God and neighbor first.

HIS "Eruption to Hope," Jean Vanier : discusses the possessive instinct that seems to have such power over many young couples as it emerges in the early years of their marriages. Married Christians are inspired by the Gospel to resist this culturally inculcated instinct, to reject dependence upon money, investments and insurance policies for emotional security. Permanent freedom from

else. Rather, renouncing materialistic values Christians are called to seek ways of living marriage and family life based on enjoying and caring for one another, for the neverending pursuit of a more affluent way of life is the pursuit of an illusion.

After decades of making do with a spirituality borrowed from religious orders, today many married Christians are pioneers in the formation of styles of spirituality which emerge from the very fabric of marriage itself. Various forms of prayer become both source and celebration of the love at the heart of married life.

A Christian marriage will make room not only for the joy and challenge of children, but also for those with special needs outside the family circle. For in the Christian life there is guilt-in orientation towards caring in concrete wavs for the unfortunate and the kicked-around. Whether through designing ways to make life more pleasant for elderly neighbors, adopting "hard-to-place" children, or through one of the thousand other possibilities for service, married Christians will respond to the challenge of the Gospel to love warmly those likely to be forgotten or ignored.

Finally, Christian marriage is a permanent commitment to a changing situation. It is a commitment to a set of inter-personal processes that affect every aspect of married life. The ways in which spouses share emotionally, financially, sexually, and spiritually will be in-process. always Likewise, the world in which we live is daily characterized by social and cultural flux. In the midst of change, in response to God's constant love, to strive to remain faithful in all respects to one





What Is Wrong With Mixed Marriages?

By REBECCA C. JONES

"Mixed marriages aren't all bad," our pre-Vatican II catechism teacher used to say. "Why I know of one that worked out just fine."

And she told us about that one.

THE BRIDE was Catholic, whose mother had warned her about what happens to nice Catholic girls who marry Baptist boys. Mama said they put away their rosaries, clean the traces of Ash Wednesday from their foreheads, and forget to go to Mass on the holy days of obligation. The next thing you know, they're skipping Sunday Mass and preparing

to spend eternity in a furnace.
The young woman

young promised Mama that her mixed marriage would be different. She said the rosary every night and spingled holy water over their marriage bed. She went to Mass and received the sacraments as often as she had before her marriage. She kept on, even when she became pregnant and had problems morning sickness at the early Mass. The ushers were very kind about leading her to a bathroom and finding a place for her to lie down.

If anything, the ushers were too kind. At least that's what the Baptist husband thought. He didn't like all those ushers, especially the young ones, taking care of his wife. He asked her to stay home from church until after their child was born. She refused.

The young man decided that if his wife insisted on going to Mass, the only thing he could do was go with her. That would keep those handsome young ushers at bay.

HE WENT to Mass with her through the last months of her pregnancy. After the baby was born, he kept on going. Finally, he converted to the Catholic faith.

Naturally, the baby grew up to be a priest. (How else

quality of social existence.

"the problem with com-

mitments is not so much

making them, but keeping

We can agree, too, that

promise'

determines the

would a pre-Vatican II catechism teacher's story end?) And the priest always told everyone that his father was his first convert.

The moral of the teacher's story was obvious: The only good mixed marriage is one that comes un-mixed.

Cathechism teachers today are telling a different story. In the first place, mixed marriages no longer exist. They've become ecumenical marriages. And the change is more than a matter of semantics.

IN THE OLD days of mixed marriages, non-Catholics had to promise in writing to raise their children Catholic. Their Catholic partners were warned about the dangers of linking up with an infidel and falling away from the one true Church. Their marriage ceremonies had to be performed in the rectory, and a Nuptial Mass was out of the question.

Nuptial Masses are often celebrated for today's ecumenical marriages. A non-Catholic minister may bless the wedding couple, and the non-Catholic partner sometimes receives Communion.

The non-Catholic doesn't have to promise anything regarding the children. Only the Catholic partner must promise—and not in writing, whatever that signifies— to try to raise their children Catholic.

Many priests encourage ecumenical couples to attend each other's churches and expose their children to both faiths. Some parishes have special services and activities planned specifically for ecumenical families. And even if they don't, non-Catholic spouses are always welcome at Masses, parish bowling leagues and church picnics.

AS A PRODUCT of a

AS A PRODUCT of a mixed marriage and the partner in an ecumenical one, I have no doubt that the changes in the Church's attitude toward interfaith marriages are for the better. The emphasis has switched from trying to convert non-Catholic spouses to trying to make them feel welcome in a Christian community.

But the new emphasis can be misleading. Many young couples have taken the attitude that a religious experience isn't worth having unless they can have it together. Sometimes they come to church together, and sometimes they stay at home together.

It's important to remember that some things haven't changed. Non-Catholics are still not Catholics, and they don't have the same responsibilities as Catholics. It's unrealistic to expect them to live up to all the obligations of a religion that isn't their own.

The Church encourages ecumenical couples to attend Mass and participate in parish activities together, but they don't have to. Sometimes — many times— the Catholic half of an ecumenical marriage just has to march off to church alone.

Should We Say Forever

SHOULD ANYONE SAY FOREVER? by Father John C. Haughey, S.J., Doubleday, New York, 166 pages. \$6.95. Reviewed by Joseph R. Thomas.

It is a measure of the times, I suppose, that upon reading the title the inclination is to say to oneself: "Oh, oh. Another argument against permanency in religious life and marriage." Which proves that the title—and also the subtitle, "On Making, andBreaking Keeping Commitments"— is at least provocative, for Father Haughey's aim is to examine and support promise-making, not undermine it.

He has written a deeply philosophical book, taking up the notion of commitment, specifically the commitment among persons (among whom he quite pointedly includes God) in contemporary society. And it is his thesis that "a society in which vows are abandoned, promises broken, oaths disregarded and contracts violated cannot long endure."

AT THE SAME time, he is not unaware of the problems involved in commitment-making, observing that countless lives have been ruined by perseverance to a commitment. However, he notes that this is so because the individual is "committed to a commitment" rather than to the person. Surely most of us can attest to the wisdom of this observation from the societal wreckage we have seen around us.

Nevertheless, Father Haughey does not invite despair. Rather he suggests an attempt at redirection in an effort to reinstate the interpersonal relationship that in most cases once existed.

In the process, he quite capably links commitment to true freedom in an age when freedom for some has come to mean a lack of commitment.

mean a lack of commitment.

BY COMMITMENT,
Father Haughey points out
that he means nothing less

than self-donation, which he describes as a process of "becoming" rather than of "being." In true commitment, which he sees as stemming from and being continued by love, the result is a communion.

A commitment which depends on societal or cultural pressure is not a commitment at all, he argues, and as a consequence divorce (for instance) is more a problem of simulated commitment rather than true commitment. The latter he sees not as a onceforever promise but as a continuity, demanding constant renewal.

As examples of commitment, Father Haughey points out the relationship of God the Father to Son, and Son to Father. He cites New Testament examples, examining the commitments of Mary and of Paul the Evangelist to see what can be gleaned from them.

THIS IS NOT an easy book to read, not because it's difficult to understand but because it demands reflection as part of the process of assimilating the ideas presented.

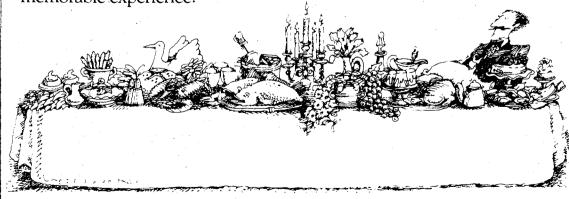
It is rewarding reading, however, and more than once the reader will come up short against what is surely an expression of obvious truth even though familiarity may have conspired to keep it hidden.

Certainly we can all give some measure of assent to the notion that "what people mean when they say 'I



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Who Pays For What At Wedding?

At last! Your little girl is getting married! You have waited for this moment from the minute she was born.

You can just picture her ... a vision in white lace...let's see, you'll have a big church with the reception in Vizcava. and a sitdown dinner later at one of the better hotels in the area. Everything will be perfect.

Better just wait a few seconds. Before you decide just what type of wedding to have and how large it will be, it's a good idea to see what your responsibilities ... the financial ones... are. Also the groom and his family have certain obligations and it is better to know what they are in advance.

The bride's family will pay for:

• the bride's personal and household trousseau.

• the bridal outfit and those for her attendants... however often the attendants often pay for their own.

wedding invitations and announcements.

engagement and wedding photographs.

• flowers for the bride, the bridesmaids, corsages and boutonnieres...although here again it is perfectly proper if the groom chooses to pay for

bridesmaids' gifts.

 music for the wedding and reception.

• church expenses such as the sexton's, organist's and choir fees

• bridal dinner, unless the groom's family decides to pay for it.

• housing for out-of-town guests and attendants.

 transportation for the bride and bridal party to and from the place of the ceremony.

• the wedding breakfast or reception.

flowers for the reception.

 groom's wedding ring and gift.

wedding gift to the bride.

By now you may begin to think that all the groom has to do is show up. That is almost the case but not quite. The groom and his family will assume the expenses for the following:

marriage license.

wedding ring.

flowers for the bride

and bridesmaids...if the bride has not included this in her budget.

wedding gift for the bride.

• gifts for the best man and ushers.

bachelor dinner...although this is generally given by friends of the groom.

• the clergyman's fee.

 the entire cost of the wedding trip.

So... take a good look at this list and then decide just how large of a wedding you will be able to provide for your daughter. Often a smaller wedding, done properly and in the best of taste, is much more memorable than trying to have an extravagant affair on a limited budget.

Preparations For Big Affair

While preparations really depend upon size of affair, the locale and the time of year, there are many things that should be tended to at specific

A good idea would be to make out a check list and keep it with you. After all, you want everything perfect and why take chances with a oncein-a-lifetime affair?

NINETY DAYS BEFORE THE WEDDING: decide on what type of affair you want and can afford. Set the date time and make arrangements with your clergyman.

Invite your bridesmaids and ushers to participate in the wedding.

Be sure to make the for your reservations ` reception, dinner, breakfast or whatever type of party you will have.

This is the time to order your wedding gown and also the dresses for your attendants. Make sure everything is taken care of, such as shoes, hats and underpinings.

Also, and do this without fail, start your guestlist. Ask your future in-laws to begin

SIXTY DAYS BEFORE THE WEDDING: order your invitations, announcements and thank-you notes. Also visit your florist and decide on what you will want for your own bouquet, the flowers for your bridesmaids and the flowers for the ushers.

Shop for your trousseau and also for the gifts for your attendants. You might want to make the necessary arrangements with your photographer now.

Address, stamp and seal your invitations and announcements so they will be ready at the proper time.

DAYS THIRTY BEFORE THE WEDDING: have a physical check-up at your doctors and get your blood tests finished.

Now you must mail the invitations. You don't want to send them too early or the date might be forgotten and to wait too late will cause problems too.

By now you should have the final fitting for your gown and bridesmaids. If it's necessary, finish shopping for your trousseau.

TWENTY DAYS BEFORE THE WEDDING: Purchase your gift for your future husband. This is such a precious time you want to be sure you have chosen jus the right thing.

The final decisions on the menu for the reception, the cake and any other items should be made now. Also begin recording your wedding gifts and start sending your thank you notes.

If time allows.. and try to arange it so that if it does... treat your bridesmaids to a luncheon. This is a good time to give them their gifts too.

SEVEN DAYS BEFORE THE WEDDING: Display your gifts at an appropriate place in your home. Everyone enjoys looking at all of the beautiful things you will receive... and you will too.

Make a list of things you will need for your honeymoon. If you and your future husband will be moving into a home or an apartament after the wedding trip, you could begin moving household items into your new residence.

Shop for groceries and get supplies for the medicine cabinets.

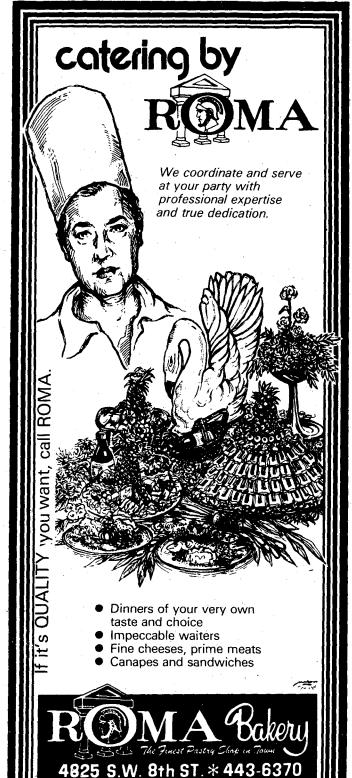
Check with clergyman about rehearsal time and be sure to get any information concerning do's and don't's about the ceremony. You will also have the bridal party dinner during

THE WEDDING DAY: This is the time to mail your wedding announcements. Be to give photographer enough time to take your portraits before your big moment.

leave for the church in

plenty of time.

And then, enjoy and savor each moment. And start on a wonderful and happy wedded life.



Arrange transportation to church and reception.

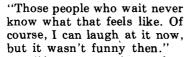
☐ Rehearsal.

Bridal Couple's Check List

Pros And Con Of Children Now Or Later

Not too many years ago, a young Catholic couple would marry, and family and friends would sort of collectively hold their breaths until the expected arrival of an offspring was announced.

"You got married, you had a baby," commented one bride of yore. "If you weren't expecting within a year, you started to worry. And everbody else started to wonder.'



"A new marriage when both partners are in school is a pretty big financial strain,' observed Amy (Mrs. Don) Arai of New Orleans, who was completing work on her PH. D while her husband was in medical school. "We were certainly in a better position to handle parenthood later.



NOT ANY more. With the worldwide emphasis on population control, and the more sophisticated natural methods of family planning, having a baby is no longer so automatic. It's a conscious decision.

The book Passages, by Gail Sheehy, notes that some of the world's most successful women have, sometimes by accident, postponed parenthood until after they had established themselves in careers. Among such women are Margaret Mead, Shana Alexander and Barbara

How about the not-sofamous How do local married women compare postponed parenthood with immediate? For answers we spoke to mothers who'd followed each pattern.

FINANCIAL security was the first advantage that popped into the minds of those who had waited.

Loretta (Mrs. Clark) Landrieu of New Orleans, who adopted two children after several years in a career, pointed out, we had our own house. And I didn't have to turn the baby over to a sitter so I could rush our and make money to help support him. I could afford to stay home and take care of him myself.

"We could buy the baby everything he needed and more, although I don't know if that's really that important. A baby doesn't really care if he has a new playpen or a secondhand one, or one pair of shoes or six. I don't understand people who wait and wait until everything is absolutely perfect.

"I REMEMBER one point when we had two babies. one on the way, and five dollars in the bank account, reminisced another mother.

"Emotionally it would've been a strain, too. We were involved with school and involved with each other. It would've been hard to concentrate on a baby, too."

A DIFFERENT view was taken by Cathy (Mrs. Max) Reichard of New Orleans, who is completing work on her Ph.D. now, after having had four children.

'I don't think I could've maintained a strong career commitment at the same time I was adjusting to a whole new way of life. For me, children were part of the marriage commitment. They fitted right in. A carreer didn't.

"I think you tend to become less flexible as you get older, and would have more trouble adjusting to children then. It might be harder to take your mind off your work and give proper attention to a young child. Whereas when you're young you feel you have your whole life before you, so you can devote all your time to motherhood for a while, and get involved with a career

LORETTA disagreed. "I feel I'm more content to be at home now because I did work for several years. When I was younger, I was so idealistic - I thought I was going to revolutionize American education.

"I loved teaching I really did. But after a while I began to get more realistic and realized I wasn't going to set the world on fire.

"I may go back to work when the children are older. but I don't have this driving urge that I just have to get out of the house and do something important that I see in some women who never had a career."

ULTIMATELY, both groups agreed that the answer for any individual woman-lies in her personal priorities. If she decides to postpone children for any length of time, she must face the possibility of never having children at all. The older she gets, the less likely she is to conceive.

However, it's never been proven, notes Mary (Mrs. Al) LaCoste, who was past 35 when her last baby was born, that maternal age has a causeand-effect relationship with defects in children or difficult deliveries.

"I feel we're all heathier at middle age than we were in times past. We can expect to do more things -play tennis at 40 or whatever - that 40year-olds didn't often do a couple of generations ago, and that includes bearing children."

CONVERSELY, if a woman decides to have children first, she must face the possibility of never

getting her career off the ground. She may not have the opportunities in later years that she has while young, or she may just never get around

It's definitely a decision that must be talked out with one's future husband before marriage. For some couples, the choice is easy; for others, requires much soulsearching. But couples today do have the opportunity to

Selecting

Often it is difficult to select a gift for the bride and groom. Fine china, silver and crystal has always been the traditional favorite, but some of the gift shops and department stores have made some changes that seem to please today's bride.

Robert Frehling of Nessa Gaulois, explained that many people do not want to give just part of a gift...like a cup and saucer or a teaspoon from the bride's silver pattern.

"A lot of people can't afford an entire place setting", pointed out Frehling. "They want to give a complete gift."

Also today's bride needs much more than china and crystal when she begins to decorate a home. While the finer items are always apppreciated, today's young lady has some modern ideas of her

Everyday, casual china and crystal is always needed. Undoubtedly the new couple will entertain and many shops offer bar-ware and decorative accessories.

Making the best of a furnished apartment means putting together ideas and using wedding gifts. Ceramic figures, bronze sculptures,

candlesticks, clocks, teacarts...there are so many things that any new bride will enjoy.

As Frehling explained, it is necessary to cater to individual tastes. Stores must include items styuled from the modern to the contemporary, from period to traditional.

When selecting gifts for the bride, it is important to determine whether or not the item can be returned if the couple does not particularly care for it. While we may think that we know a person's tastes, it is possible to make a mistake in judgment.



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Miami, Florida / THE VOICE / Friday, February 23, 1979 / Page 17A

Each Wedding Has Meaning

arrange an informal chat with

By MSGR. JAMES T. McHUGH

In some sense it may be true that "marriages are made in heaven," but a wedding is certainly a realistic event that takes place right here on earth. Every wedding has a variety of meanings. For the bride and groom and their families, it is the moment for proclaiming and celebrating what ought to be a major decision in their lives. For society, it is the public event that acknowledges the initiation of a new family unit, and the point at which each party acquires new rights, responsibilities and status. For the Church, it is a solemn and gracefilled moment in which a man and woman give reality in their own lives to the relationship between Christ and the Church.

Because marriage is the foundation of society as well as an intimate and constantly developing human relationship, each marriage, has implications far beyond the personal involvement of

the bride and groom. Admittedly, the wedding is primarily only the launching pad for each marriage and each family unit, but it is also the time when society expresses its expectations, commitments, and support so that the new family will prove successful.

Weddings are public events of serious importance. And though each couple is convinced that their wedding is different and special, some things remain the same for all.

Unfortunately, much time, and concern are given to the non-essentials like invitations, clothes, pictures and elaborate receptions. This often distracts a couple from realizing that their wedding revolves around the public exchange of their marriage vows, and the acceptance of these vows by society.

Nonetheless, there are some practical requirements that must be met so that the wedding may achieve its full social and religious significance.

First, a couple should

the priest who will preside at their wedding, or the priest in the Church in which they wish to be married. The priest will go through a questionnaire with them to certify that they are free and worthy to receive the sacrament of marriage. He will also chat with them about marriage — its responsibilities and its prerogatives. The meetings with priest should be their opportunity for building a new friendship as well as the occasion to arrange the date, time and circumstances of the wedding. Although customarily the wedding is in the church of the bride, it may be held in some other church of special importance to the couple. And in some mixed marriages, there may be a good reason for the wedding to take place in the Church of the non-Catholic. In any case, the priest will handle all the arrangements and details, and will help the couple make appropriate choices regarding prayer, Scripture readings and music so that their wedding liturgy is a personally expressive celebration of their relationship and the marriage

sacrament.

In many dioceses throughout the United States, couples are urged - if not required — to participate in some type of premarriage preparation. Highly trained couples and priests conduct these sessions which are directed toward helping couples realize the importance of their personal relationships and marital commitment. Appropriate use may be made of pre-marital inventories, of specialized instructions by doctors, lawyers and other married couples. But the purpose is not simply to provide information. It is meant to heighten communication and mutual understanding to help the couple better realize that their courtship and wedding are simple steps toward the intimate and abiding marital partnership that established by God and given a sacramental significance by Jesus Christ.

At the same time, society sees the family as the basic social unit and recognizes that marriage should be entered into with the free and full consent of the intending spouses. Thus, every nation has laws regulating marriage, and every state sets out certain requirements, such as the marriage license. Again, the priest helps the couple work out the details of obtaining the blood test and license from local civil authorities.

In summary then, a wedding is a public event, a liturgical and religious act of great significance, and the occasion of a celebration by family and friends of the bride and groom. Weddings almost always work out well but marriages do not necessarily do so. Thus, it is important for couples to worry less about the wedding, and pay more attention to the marriage relationship. The preparatory details have importance, and can also be rich and rewarding circumstances through which a couple come to know themselves better. These are also occasions through which a couple may deepen their mutual commitment so that their wedding is the moment of promise that merits the continuing support and encouragement of family, friends, society and the entire Christian community.

Nutrition For Newly Wed

Ever notice how almost everyone—brides and grooms, too—seems to put on a few pounds after the wedding?

Seems a shame, especially for a bride who has carefully counted calories for months to be her slimmest, trimmest self when she walks down the aisle.

THEN SHE'S left alone in the kitchen with a new French cookbook, and the natural desire to prove herself as outstanding in culinary skills as she hopes to be in all other areas of wifedom.

And hubby, at this point in his marriage, is in no mood to criticize. If she cooks it, chances are he'll eat it. Besides, since she's trying extra hard now, everything probably is delicious.

Or if she isn't as talented as she'd like to be, she may try to make up for it by serving pre-packaged convenience foods—nearly always calorie laden. And he'll try to make her feel better by taking her out to eat a lot, again fattening.

McDONALD'S can give you a little change and enough calories to last you the day. And we won't go into cuisine served up with wine and cream sauces, or fried in 101 secret ingredients.

What's particularly unhealthy about this pattern is that the family, even in its embryonic stage, is forming eating habits that may last a lifetime (and will certainly affect the length of the lifetime).

When the family includes

children, their eating habits, for better or for worse, will be formed along the same lines.

SO WHAT are newlywed to do?

Buy a scale, for one thing, if they haven't received one among the wedding presents. And get on it, every morning.

Then they know for sure how much trouble they're in, or if everything's tight because somebody has a few tricks to learn in the laundry room.

AND INVEST in a good book on basic nutrition— such as Jean Mayer's A Diet For Living. Many basic cookbooks offer sections on nutrition too, but his is more to the point.

Weight Watchers' magazine devoted a large part of its August issue to newlyweds and included several suggestions.

Take turns with the cooking, they said. No reason why the Mrs., who may well work hours as long as her husband's should have to come home hungry to the kitchen every single night to be faced with temptations to taste as she cooks.

FILL THE dinner plates attractively at the stove, then bring them to the table, restaurant style. It's harder to take second helpings that

Clean up the kitchen together. And walk out of the kitchen togeher, shutting the door firmly. And go find something more interesting to



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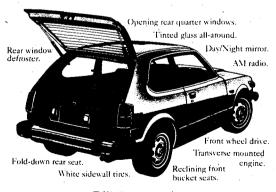
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Courses For Fathers

DETROIT (NC)—There were dads, crawling on the floor with their infants, coaxing them to crawl through a tunnel, helping them move their tiny arms and legs in a kiddie calisthenics session.

The class, at Marygrove College here, was meant to be a living lab, and that it was.

The eight-week course, "Saturday Fun for Dads with Their Babies," is designed to help fathers become more effective parents.

THROUGH discussions, lectures, live demonstrations and the use of play materials, "We're attempting to make fathers more aware of their children's physical, social, emotional and intellectual potential," explained Mrs. Marie Gormaine, who teaches the class.

"Fathers are going to be shown some things that will help them provide an interesting and stimulating environment for their children."

THE CHILDREN are six months to one year old.

Fathers will learn such basics as what kind to toys are best for infants, how important exercise is, and how to satisfy a child's curiosity.

That last point is particularly important when

related to discipline, said Mrs. Germaine. "When a child moves out into the world starts to explore and touch things, discipline becomes a problem.

"THERE'S A definite difference between discipline and punishment," she continued. "Fahters should try to create a positive atmosphere."

This positive atmosphere can best be achieved by restricting the use of the word "no", she said.

"If you have objects in your home that constantly 'test' the child, they should be removed," she maintained, "Or try to divert their attention from the objects. 'No' should be used principally in times of danger."

THE CLASS,, Mrs. Gormaine said, is designed "to help fathers develop their own skills so they can relate to their children. Fathers have some tremendous skills that they don't recognize.

"The fact that the mother is the principal caretaker of the child is a problem. The child tends to side with the parent he or she is with constantly.

"But the fathers show a real ability to improvise games and songs — and that creativity is essential in the

development of the child and they should be a part of it."

RESEARCH has shown, Mrs. Gormaine pointed out, that stimulation by parents is essential in a child's early development.

"Beyond three years of age, if a child hasn't been stimulated by a learning environment, it's almost too late. The brain is developed to its full size during that first year," said Mrs. Germaine, who has been involved in infant learning since the 1940s.

Why do fathers come to the class? Their reasons vary.

BUT JIM Westbrook, who is the father of one-yearold twins Meredith and Jennifer, had a "long-range" purpose.

"I came to this class pretty open... I didn't know what to expect," he said. "There are things about my children's development that I never really understood — or about myself. Like when I should go berserk when they start to destroy the house right in front of me.

"I want to know how to encourage their future development," he said, and added jokingly, "I know they're exceptionally bright children and I want to learn all I can to prep them for Harvard."



WHAT IS AN ENGAGED **ENCOUNTER?**

The Engaged Couples Encounter is a day or weekend where an atmosphere is created in which each couple can concentrate exclusively on one another, free of the tensions and pressures and interruptions of the world. It is a very quiet time specifically designed to give the couples planning marriage, an opportunity to dialogue honestly and intensively about their prospective lives together . . . their strengths and weaknesses: their desires, their ambitions, their goals; their attitudes about money, sex, children, family; their role in the Church and society . . . in a face-to-face way. The Engaged Encounter is a fully approved method of marriage preparation in the Archdiocese of Miami. It is not necessarily something couples have to do before they can get married in the Church. It is an opportunity their faith community provides out of love for them so that their love for and communication with each other might deepen. Couples expect a lot in marriage today; Engaged Encounter helps them find even more than they expect. It is a preparation not just for marriage, but for Christian marriage in the Sacrament of Matrimony - that state of life in which a man and a woman reflect God's love to each other and to His people.

WHEN TO MAKE IT?

The Engaged Encounter should be made as soon after a couple has decided to marry and as far before the actual wedding date as possible. This will relieve the pressure of things to do immediately before the wedding. Much more time is needed to prepare for a lifetime of marriage than for a wedding ceremony and reception.

WHO IS IT FOR?

It is for all couples — and only couples — planning marriage, who desire a richer, fuller life together. Marriage preparation can never be too good. Encounter is designed to deepen and enrich your relationship with each other.

Although the Encounter is Catholic in origin and orientation, it is open to all couples of any faith searching for enrichment in the quality of their life together.

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AT AN ENCOUNTER?

Through a series of ideas presented by a team of married couples and a priest, the couple is stimulated to dialogue privately with each other on all aspects of married life always from the viewpoint of their own relationship. Personal reflections and couple dialogue are the main thrust of the experience, with communal meals and the liturgy providing group participation. The heart of the day is this communication by the engaged couples. The team simply provides the background for the couples' sharing. The quality of the day depends almost totally on the seriousness of the couple making it.

Nor is the day primarily content oriented. The day has little group discussion, but many periods for individuals to reflect and to share their reflections with their future spouse in dialogue. Couples are given much more material to reflect on during the day than they could ever finish. The goal of the day is to teach them the dynamic of dialogue so they can continue this reflection and sharing through the rest of their engagement and into their marriage.

IS IT A SENSITIVITY COURSE?

Definitely NOT . . . the emphasis is quiet and low key. There are no group dynamics. Instead the Encounter is specifically designed for communication between the

WHEN AND WHERE?

Engaged Encounters are held almost every week throughout the year. Various locations are used. The day-long Encounter begins at 10 A.M. and ends around 8 P.M. The weekend begins on a Friday at 8:00 P.M. and ends on Sunday at approximately 4:30 P.M. The atmosphere of the day is informal. Couples may aress comfortably and even bring cushions to make the chairs a little softer.

WHAT ELSE BEFORE MARRIAGE?

Engaged Encounter is only one part of what the Church offers coules preparing for the Sacrament of Matrimony. Another part of its concern is shown on the parish level with the priest preparing them for the Sacrament or the sponsor couple assisting in this preparation. On the parish level, through the use of the Premarital Inventory, a more personal preparation for the Sacrament is available.

(Continued on Page 21)

The Ring: A Joint Effort

Over the past years some bridal traditions have been left behind in the name of common sense. While some things such as deciding upon the gown was the choice of the bride and the place to honeymoon was decided by the groom, today there seems to be more of a joint effort in some areas.

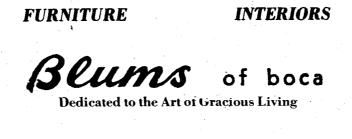
"There is much more of a feeling of togetherness' according to Ron Smithey, the buyer for the bridal department at Mayor's

Jewelers.

Smithey goes on to point out that in years past the young man would come into a shop, select an engagement ring and wedding band for his beloved, and then take it home and surprise her.

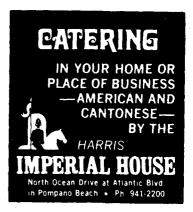
No longer does this happen. Today they come in together and select the engagement ring and bands. And it seems to make a lot of sense.

Bridal jewelry is much more than just two or three rings...if the groom wears one. The groom traditionally purchases a gift for his bride and ususally it is a strand of pearls which denotes happiness and longevity of marriage. Smithey mentioned that some men prefer to present their brides with a diamond in the shape of a drop to be worn around her neck. And, of course diamond earrings are always nice.



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AND AFTER THE WEDDING?

The Church's concern for young couples goes right with them after the wedding. If a couple's new address is forwarded to the Family Enrichment Center they will receive a free newsletter entitled, "In the Beginning," written especially for them during their first two years of marriage.

WHAT IS THE COST?

There is no charge to engaged couples for the Encounter. It is a work of love on the part of the Church helping couples grow in love. We do not place a cost on love. The entire diocesan and parish community collaborates in this work of love freely and generously because of their conviction that we all have a stake in future marriages. Pastors make parish facilities available and help to financially support the Encounter in the name of their people. Team couples and priests share their personal experiences, insights, and efforts in love. Members of parish organizations prepare and serve meals and prepare the facilities and other material needs. All to show their regard for marriage and their concern for young couples.

Actual expenses for a day come to about \$15. a couple. Couples wishing to show their gratitude will have an opportunity to do so through whatever donation they may wish to make. This donation may be made by mail when registering or during the EE itself. Couples who after registering are for some reason unable to attend the day for which they registered are asked to call to cancel their registration so that food will not be prepared for them needlessly.

FOR FURTHER INFORMATION CALL FAMILY ENRICHMENT CENTER 651-0280

CAMINO

El fin de Camino es crear conciencia de la responsabilidad que encierran los sacramentos, haciendo enfasis en el sacramento del matrimonio, tanto a nivel espiritual como moral y material; sembrando en ellos ideas cristianas, dandole a conocer la verdadera iglesia, y su responsabilidad como matrimonio cristiano dentro de ella, haciendoles conciencia de la necesidad de vivir en comunidad.

Es un curso intensivo de dos dias de duracion, basado principalmente en temas y dialogo. Los temas son dados por matrimonios, psicologos, medicos y sacerdotes.

Trabajando en cada mesa matrimonios auxiliares, los cuales con su entrega y amor tratan de iniciar en dialogo al final de cada tema tratado. De las inquietudes sembradas por los temas, se buscara el orientar y aclarar criterios, buscando un dialogar abierto entre ellos. Las parejas se inscriben a traves del sacerdote que les da la preparacion al matrimonio, no llamando el sitio donde la reunion de Comino va a tener lugar.

LUGAR: St. John Vianney Minor Seminary St. Mary Magdalen Church

DONACION: \$12.00 por pareja

CAMINO DEL MATRIMONIO 1979 CALENDARY

Enero	20 - 21	Julio	28 - 29
Febrero	3 - 4	Agosto	25 - 26
Marzo	3 - 4	Septiembre	22 - 23
Abril	21 - 22	Octubre	20 - 21
Mayo	19 - 20	Noviembre	17 - 18
Junio	23 - 24	Diciembre	8 - 9

Por lo menos diez nuevos "weekends" seran programados y anunciados durante el ano.

Arrange for the photos

Your wedding day is a special occasion and one that you will want to remember and relive many, many times in the future with pictures.

About six weeks prior to the ceremony, contact a well-k nown reputable photographer and make an appointment to see him. Give him the details about your wedding, how large it will be, the number of attendants, in there will be any special guests such as a great-grand-mother or a favorite uncle present and how many people will be at the reception.

Usually the bride's formal picture is taken before the day of the wedding...generally as soon as the gown is ready. After deciding on the photograph the bride wants, glossy prints are made. These are used for the newspaper publication.

In some ceremonies, the minister asks that the photographer not take pictures during the actual service. However, in certain instances, it is possible if the photographer is unobtrusive and does not interfere with the service.

After the wedding it is proper to reenter the church and "go through" the service again for the photographer. In this way the couple can have pictures of them at the altar, going through the exchanging of the rings and the marriage kiss.

Having a Honeymoon?



Contact

The Voice

In conjunction with Catholic Travel Office, Wash., D.C.

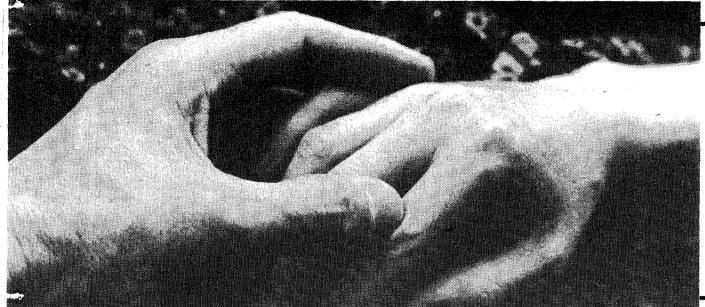
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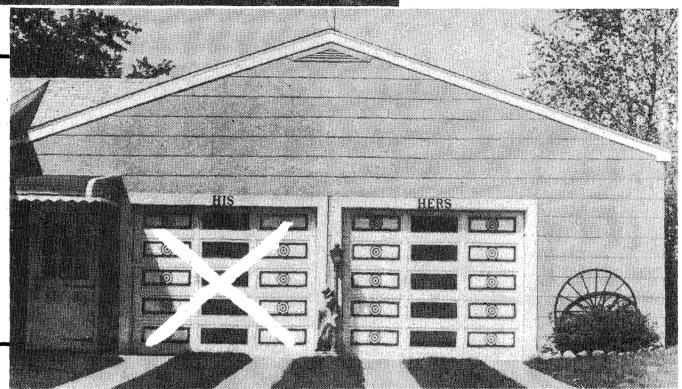


Quality of life

"In our efforts at creating a harmonious environment," a reader writes, "my husband... and I have found that communication is of the utmost importance. Feelings and needs must be expressed and understood, otherwise explosive situations occur and someone is hurt, frustrated or left feeling guilty because they failed to perform. Our time together is often limited so we're learning to concentrate on the quality of our shared activities and not the quantity."

Divided home

There are now about a million divorces a year in the United States. If trends continue, about two out of every five marriages involving young women now in ther late 20s will end in divorce. There are close to 2.5 million one-parent families. "Quite obviously it is harder to stay married today than it used to be. To some extent, constant emphasis on the problems or marriage has the character of a self-fulfilling prophecy.



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Toasting the future

After a Scripture service on the wedding feast at Cana, couples at a Peoria, III., Engaged Encounter weekend toast each other and their future with glasses of wine.

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Page 22A / Miami, Florida / THE VOICE / Friday, February 23, 1979

Marriage: 'A Perfect Union'

By EDWARD F HELLWIG. M.D.

"In order to form a more perfect union." How fitting that these words so basic to our great nation at the moment of its birth should be so apt an introduction to marriage instruction as well.

Man; woman; male; female-how much these terms mean to all of us. Created by God to be together for their happiness and for

God looked at His creation and found it very good. Remember, too, that He said, "It is not good for man to be alone;" and He blessed Man and Woman saying Increase and multiply and fill the earth.

Here then, beginning of creation, we have the essence of sex. And all of the tawdry tainting of it by man cannot change the fact that it is truly holy, that it is created by our God.

Now you have chosen your vocation and are approaching the actual reason for your being-that you may live together in happiness; that you may fulfill your destiny on this earth as Man and Wife.

As a doctor I would love to tell you that it will be easy, that you will have it made from the moment you walk back out the church aisle. But I know that for many of you, in addition to your happiness, your fulfillment; there may be many and difficult problems ahead. For this reason, your preparation for marriage would be incomplete without a consideration of how to increase your happiness, of how to avoid if possible, or, if not, to accept and live with such problems as you may encounter.

Your actual preparation for marriage began in your earliest years. Your feelings about yourself, your mother, father, sisters, brothers, other relatives. friends and acquaintances, all have influenced you in many ways ways which you may not even realize.

The basic attitudes of men about women, and vice versa, are the summation of personal thoughts, ideas and opinions, all formed, to some extent, in some manner, throughout life.

And now you have focused your ideal, out of all the men and women in the world, upon each other.

Your life has been conditioned to living as a single person, to being alone. And now your decision as been made, just as our God foreordained it, and you have agreed that "it is not good for man to be alone." You are preparing for your marriage.

But when you marry, though you must change your concept of life from singleness - aloneness -

the wedded state, not one of will change overnight from the person you really are. You must now learn to submerge your thinking of ME into thinking of US and, should you find it difficult, don't ever stop trying.

To fulfill your hopes, your marriage must be a successful merging—a wedding of minds as well as bodies. To accomplish this each of you must recognize your personal self for what you are, retain what is good and what will lead to married happiness, and be willing to do your best at all times to change or to submerge that which may be a roadblock in your mutual path to a successful marriage.

Now we come to a prime consideration of a potential source of difficulty. Your attraction for each other may have been, until now, an attraction of the body, of the emotions, based on how you look, how you act, how you speak, how you believe. Yet that body of the man and that body of the woman house a

mind, a will, a reason—a very soul-which is, in its essence, primarily masculine for the

It is probably this essential difference which has been your greatest source of attraction to each other.

But attraction is not enough to insure success. If these attractions should lose their glitter - if irritations minor (or major) grievances begin to creep inrealize now that you will still be married, and resolve right now that you will not just accept these problems as in the role of a martyr, but rather that you will redouble your resolve to work things out, to continue the success of your marriage.

How do you manage this? Well-you don't have to be a saint or a martyr; all you really have to do is to be willing to communicate with one another.

It is amazing how minor sources of difficulty can disappear if calmly discussed - not in the heat of a

man, feminine for the woman.

moment of argument, but in the calm of a free and open discussion. And those same problems can become almost insurmountable if either party refuses to bring them to light, or is willing to discuss them only when they are apt to bring more heat than light to the discussion.

I have a great deal of

respect for a not uncommon practice, more frequent in some non-Catholic families, of having a quiet, periodic time of reflection and discussion in which all members of the family participate - an open examination of the family conscience. Such a practice is recommended to many families when they are trying to dig their way out of difficult situations.



Your wedding reception in a Smorgasbord restaurant??

'ALL YOU CARE TO EAT'

Like most young couples preparing for such a momentous occasion, you will give thought to all facets of the big day itself. One of the highlights of that special day will surely be the wedding reception. Family and friends will gather with the happy couple to partake of good and plentiful food. This custom is no doubt as old as the marriage ceremony itself. Many varieties of food should be made available — and certainly it should be served on the basis of all they care to eat - good and plentiful food! These words are synonymous with the Sweden House Smorgasbord. In investigating the Sweden House facilities, you will discover the Sweden House Reception goes beyond good food. Our punch bowl arrangements are delightful and wedding cakes a specialty of our bakery. The biggest surprise to you will be cost. In keeping with the theme "fine food and gracious dining without extravagance", wedding receptions fall well within the area of sensible price. Call the Sweden House for additional information. P. S. Our congratulations and warmest wishes to each of you on this your most joyous day!

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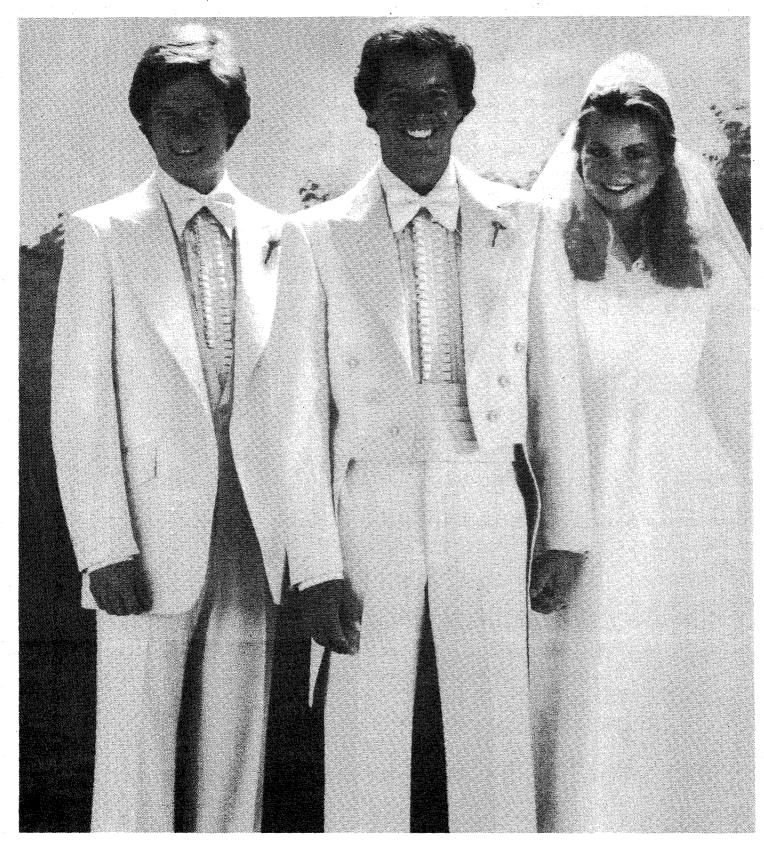
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