

KATHLEEN M. WILLIAMS, Ed.D, LAT, ATC, CSCS

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St. Thomas University
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EDUCATION

- 05/2020** **University Of New England** - Biddeford, ME
Ed. D: Educational Leadership
- Research Topic: Assessment of Working Relationships Between Athletic Training Program Faculty and Clinical Preceptors
- 05/2001** **Edinboro University Of Pennsylvania** - Edinboro, PA
Master of Arts: Student Personnel Services Counseling
- Research Topic: Descriptive Study Assessing Reasons Why Students Withdrew from Edinboro University
- 05/1999** **Mercyhurst University** - Erie, PA
Bachelor of Science: Sports Medicine

LICENSURES & CERTIFICATIONS

Issuer	Area of Expertise	Dates
Clinical Solutions	IV Certification	2021 - Present
Board of Certification	Certified Athletic Trainer	1999 – Present
• 069902678		
Florida Board of Athletic Training	Athletic Training Licensure	2021 – Present
• AL6238		
NSCA	Strength and Conditioning Specialist	2002 - Present
Functional Movement Technique	Kinesiology Rock Tape	April 2016
Functional Range Conditioning	FRC Specialist	October 2020
Tecnica Gavilon	IASTM	October 2015
American Red Cross	CPR/AED	1995 - 2018

American Heart Association	BLS	2018 – 2021
American Heart Association	BLS Instructor	2021 – Present
First Care Provider	Stop the Bleed Instructor	2016 – Present
PA State Athletic Trainer	License #RT002204	1999 – Present
National Athletic Trainers' Association Certification		1999 – Present
U.S. Centers for Medicaid/Medicare	National Provider Identifier	2007 – Present
<ul style="list-style-type: none"> • 1922169481 		
American Heart Association CPR/AED		2005 - Present
Certified Strength and Conditioning Specialist		2002 - Present
OT/PT/AT Board	Ohio License Number AT-002178	2003-2009

ACADEMIC EXPERIENCE

2021 – Present	St. Thomas University – Miami Gardens, FL Assistant Professor / Program Director B.S. Health Sciences Degree <ul style="list-style-type: none"> • Co-wrote B.S. Health Sciences degree prospectus with 3 specializations: <ul style="list-style-type: none"> ○ Pre-Professional ○ Allied Health & Sports Medicine ○ Exercise Science & Human Performance • Developed Allied Health & Sports Medicine curriculum, created and approved 8 new courses for the major. • Created advising and four-year flight plans • Advisor to Health Sciences majors
2015 – 2020	Gannon University – Erie, PA MAT Athletic Training Clinical Coordinator/Assistant Professor <ul style="list-style-type: none"> • Developed, designed, and taught two new strength and conditioning courses highlighting anatomy, flexibility, strength training, and aerobic/anaerobic training throughout the lifespan. • Instructed and created 10 core courses in an athletic training program such as taping & bracing evaluation, spine evaluation & treatment, and emergency management. • Supervised over 30 clinical education sites and 40 preceptors. • Academic Advising for athletic training students • Provided annual documentation as required by CAATE • Co-wrote a Master of Athletic Training curriculum for a satellite campus and was accredited the following year. • Developed and revised the yearly Clinical Preceptor Handbook & Student Handbook for the program. • Annual clinical preceptor training to instruct on CAATE accreditation and program requirements.

- Member of numerous university committees

2010 - 2013

Mercyhurst University – Erie, PA

Adjunct Lecturer

- Taught Emergency Athletic Injury Management.
- Developed curriculum for Exercise and Conditioning for Athletes.
- Covered medical conditions, emergency management and common illnesses.
- Instructed on proper lifting mechanics, body fat, aerobic/anaerobic
- Utilized blackboard as the main tool for power points, presentations and notes pertaining to class

2007

Urbana University – Urbana, OH

Adjunct Lecturer

- Taught General Medical Conditions in the Athlete.
- Organized guest speakers in different medical fields for presentations.
- Taught proper use of otoscope, blood pressure, abdominal exams, etc

2001 - 2003

Penn State Erie, The Behrend College – Erie, PA

Lecturer/Assistant Athletic Trainer/CHAMPS Life Skills Coordinator

- Instructed health classes such as Drugs in Society, First Aid & CPR, Healthful Living, Alcohol Awareness, and Freshmen Year Seminar/Health & Disease.
- Created a “Drugs in Society” course and syllabus.
- Created CHAMPS Life Skills program at Penn State Behrend.
- Designed programs to improve student-athletes overall life skills such as interview skills, stress management, and resume writing.

2001

State University of New York at Fredonia, Fredonia, NY

Instructor/Assistant Certified Athletic Trainer

- Developed syllabus for First Aid & CPR course
- Taught First Aid & CPR course

Courses Created & Taught:

Undergraduate:

SCI 202 Health & Wellness
 SCI 301 Intro to AT
 SCI 304 Strength & Conditioning
 SCI 308 Care & Treat of Athletic Injuries
 SCI 308L Care & Treat of Athletic Injuries Lab
 SCI 400 Taping & Bracing
 SCI 401 Healthcare Facility Management
 SCI 402 First Aid & Emergent Care
 BBH 043 Drugs in Society
 First Aid & CPR
 Healthful Living

Alcohol Awareness
 Freshman Year Seminar/Health & Disease
 General Medical Conditions in the Athlete
 SPMD 157 Emergency Athletic Injury Management
 Exercise and Conditioning for Athletes

Graduate:

GMAT 504 – Clinical Applications of Care and Prevention in Athletic Training Practice
 GMAT 545 Clinical Experience in Athletic Training III
 GMAT 554 Health & Fitness Principles
 GMAT 556 Practical Applications of Health & Wellness
 GMAT 577 Evaluation and Treatment of the Head, Neck, and Spine
 GMAT 612 Clinical Experience in Athletic Training IV
 GGSPRT685: Behavioral and Psychological Considerations in Athletic Training
 GMAT 538 – Evaluation and Treatment of the Upper
 SPRT472/GSPRT509 Taping and Bracing of Athletic Injuries
 GSPRT511 Non-Orthopedic Injury Assessment
 GSPRT613 Clinical In Athletic Training: Preseason Experience II
 GSPRT513/SPRT 483 Clinical In Athletic Training: Preseason Experience
 GSPRT 515 Clinical in Athletic Training I
 GSPRT 525/SPRT 478 Upper Extremity Assessment
 GSPRT 545 Clinical in Athletic Training II
 GSPRT 555 / SPRT 478 – Lower Extremity Assessment
 GSPRT613 Clinical In Athletic Training: Preseason Experience II
 GSPRT 615 Clinical in Athletic Training III
 GSPRT 645 Clinical in Athletic Training IV

Doctoral Dissertation Advisor

Ryan Ratkovsky 2022 Examination of Athletic Trainers in the High School Setting:
 Challenges with work-life balance and its correlation to burnout
Athletic Trainer I - Allegheny Health Network

PROFESSIONAL EXPERIENCE

2021 – Present

St. Thomas University – Miami Gardens, FL
Athletic Trainer

- Provide rehabilitation services to student-athletes.
- Football & Track primary sports
- IV & emergency management care for athletes.
- Created fillable forms for physicals and insurance information for EMR system.
- Clinical Preceptor to athletic training students.

2015 - 2020

Gannon University – *Erie, PA*

MAT Athletic Training Clinical Coordinator/Assistant Professor

- Provided orthopedic evaluation and rehabilitation plans for Gannon athletes with unique and challenging injuries.
- Head athletic trainer for the Gannon football team in the 2018 season and assisted with preseason and game coverage in 2019.
- Developed and administered an orthopedic screening tool to football athletes for recognition of ailments and deficits to better align strength and conditioning programs.
- Collaborated with other healthcare professionals for health screenings, nutrition presentations, and proper hydration for the football team.
- Trained in Functional Range Conditioning focusing on joint health optimization through stretching and exercise.
- Utilized EMR Athletic Training Systems (ATS) and filed insurance claims for athlete billing.

2017 – 2021

Fairview High School – *Fairview, PA*

Per Diem Athletic Trainer

- Clinical Preceptor to athletic training students.
- Sports coverage for athletic events.

2008 – 2017

Edinboro University of Pennsylvania - *Edinboro, PA*

Per Diem Athletic Trainer

- Athletic training coverage, evaluation, and treatment for athletic sports teams.
- Assisted with doctor's appointments, scheduling, and imaging authorizations.
- Primarily worked with football for 3 seasons.
- Documented with EMR system

2007 -2016

UPMC Hamot Sports Medicine Clinic - *Erie, PA*

Per Diem Athletic Trainer

- Provided athletic training services to local high schools.
- Administered rehabilitation plans and educated patients on exercises.

2005 – 2007

Excel Sports Medicine Clinic, *Springfield, OH*

Athletic Trainer/Marketing Coordinator

- Responsible for program development and marketing of sports medicine clinic.
- Solicited contracts with local high schools and colleges for sports medicine coverage.
- Developed business plan, costs benefit analysis and start-up costs for a PT clinic.
- Rehabilitated and educated patients of all ages about orthopedic injuries
- Taught First Aid & CPR classes to students and coaches.

- 2003 – 2004** **Wittenberg University, Springfield, OH**
Associate Head Certified Athletic Trainer
- Developed a nutrition guide for student-athletes
 - Oversaw rehabilitation programs for football, men's lacrosse, and 20 other sports programs.
 - Instructed teams on weightlifting and stretching techniques.
 - Taught First Aid & CPR classes to coaches and students.
 - Supervised, scheduled, and taught student first aid responders.
 - Assisted in designing strength and conditioning programs for athletic teams.
 - Clinical Preceptor for athletic training students.
- 2001 – 2003** **Penn State Erie, The Behrend College – Erie, PA**
Lecturer/Assistant Athletic Trainer/CHAMPS Life Skills Coordinator
- Clinical Preceptor for athletic training students.
 - Sport coverage, evaluation, and rehabilitation of athletic injuries.
- 2001** **State University of New York, Fredonia – Fredonia, NY**
Assistant Athletic Trainer
- Primarily worked with women's lacrosse, track, and men's/women's basketball
 - Collaborated with physicians on athlete healthcare and emergency care during games.
 - Rehabilitation of athletic injuries/conditions and referrals
- 1999 – 2001** **Edinboro University of Pennsylvania - Edinboro, PA**
Graduate Assistant Athletic Trainer
- Educated student athletic training students in rehabilitation and evaluation techniques
 - Operated the computer software Injury Tracker

ACCOMPLISHMENTS

- 2020** Dissertation: Assessment of Working Relationships between Athletic Training Program Faculty and Clinical Preceptors.
- 2019** Publication: Mokris, Rebecca & Kessler, Andrea & Williams, Kathleen & Ranney, John & Webster, Jeffrey & Stauffer, Kory. (2019). Assessing concussion knowledge and awareness in faculty and staff in a collegiate setting. *Journal of Concussion*. 3. 205970021987092. 10.1177/2059700219870920.
- 2016** Mokris R.L., Mosinski, N., Williams K. (2016). Student readiness for

interprofessional collaboration in an experiential learning environment.
Journal of Athletic Training Supplement, S-90. [Abstract]

UNIVERSITY COMMITTEES & SERVICE

2021 – Present	FIU Clinical Preceptor for athletic training masters' program.
2022	Miami Marathon AT volunteer 2022
2022	Leadership Series AT Presentation - FIU
2020 – Present	Faculty Senate member STU (Treasurer 2022-2023 term) Sub-committee: Student Engagement and Academic Integrity Committee <i>Gannon University</i>
2019	Designed and implemented an orthopedic screening for football players in collaboration with other healthcare professionals.
2018 - 2020	Created IPE opportunities for AT, PT, PA, radiological students
2018 – 2020	Faculty senate Gannon University
2018 – 2020	Member: Clinical Task Force on affiliation agreements
2017 – 2020	Member: Graduate Council
2019 – 2020	Member: University Academic Affairs
2019 – 2020	Member: Clinical Task Force for Physician Assistant Program
2017 – 2020	Occupational Advisory Board Chair – Erie High School Advised on course matrices, mapping, and streamlining of curricular delivery
2017	Developed emergency action plans and collaborated with EMS and physicians on proper care of football athletes. Nutrition presentations/counseling projects with MAT students.
2016 – Present	Software Use: Sportware, C3 Logix neurocognitive testing, Impact, Excel, One Note, CastleBranch, Atrack, ATS EMR system for injury tracking, Laerdal simulation software

PROGRAMS/ACTIVITIES

2021 – Present	The Athletic Trainers Association of Florida
2020 – Present	Sadie's Canine Rescue Foster
1999 – Present	National Athletic Trainers Association
2001 - Present	Eastern Athletic Trainers Association
2001 – Present	Pennsylvania Athletic Trainers Society • PTA Liaison (2018-2019)
2002 – Present	National Strength and Conditioning Association
2018 – 2020	Erie High School Occupational Advisory Committee Chairperson
2018	Laerdal Manikin Simulation Training
2014 – 2016	Independent Team Beachbody® Coach
2003 – 2008	Ohio Athletic Trainers Association
2003	NCAA, CHAMPS/Life Skills Orientation and Conference